

Waukee Community Schools

2017-2018 School Menu Calendar

The calendar below contains the rotation of the lunch schedule for the 2017-2018 School Year. **Please see the next page for your school's menu.**

August						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

January						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

No School	Early Out	Menu Subject to change without notice
<p>To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.</p>		

Waukee Community Schools

2017-2018 High School Menu

Student Breakfast: \$1.85

Student Lunch: \$2.90

Adult Breakfast: \$2.05

Adult Lunch: \$3.60

Breakfast (Served Weekly)

<ul style="list-style-type: none"> • Breakfast Sandwich* • Mini Cinni or Mini Pancake • Assorted Cereal/Bars Assorted Fruit Milk 	<ul style="list-style-type: none"> • Breakfast Pizza • Pancake on a Stick* • Assorted Cereal/Bars • Yogurt Parfait Bar Assorted Fruit & Juice Milk 	<ul style="list-style-type: none"> • Breakfast Sandwich* • Donut • Assorted Cereal/Bars Assorted Fruit Milk 	<ul style="list-style-type: none"> • Omelet w/ toast* • Cinnamon Roll • Yogurt Parfait Bar Assorted Fruit & Juice Cup Milk 	<ul style="list-style-type: none"> • Breakfast Pizza • Mini Donuts • Assorted Cereal/Bars Assorted Fruit Milk
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Week 1 Menu

Cultural Cuisine

<ul style="list-style-type: none"> • General Tso's Chicken Steamed Rice Edamame Succotash Fresh Carrots Mandarin Oranges Pineapple 	<ul style="list-style-type: none"> • Nacho Grande Cheese Sauce Refried Beans Romaine Lettuce Diced Tomatoes Fresh Pear 	<ul style="list-style-type: none"> • Chicken & Noodles Breadstick Mashed Potatoes Steamed Corn Strawberries Cinnamon Apples 	<ul style="list-style-type: none"> • Cavatelli Breadstick Romaine Lettuce Steamed Asparagus Apple Slices Peaches 	<ul style="list-style-type: none"> • Grilled Chicken Breast on a Pretzel Bun Lettuce and Tomato Steamed Peas Fresh Carrots Peaches Assorted Fruit
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Tasty Traditions

<ul style="list-style-type: none"> • Baked Potato Bar Diced Ham and Cheese Sauce Dinner Roll Steamed Broccoli Pineapple Mandarin Oranges 	<ul style="list-style-type: none"> • Hot Smoked Turkey & Cheese Sandwich Tri-Tater Fresh Carrots Diced Pears Banana 	<ul style="list-style-type: none"> • Pancakes & Sausage Patties Sweet Potato Fries Celery Sticks Strawberries Cinnamon Apples 	<ul style="list-style-type: none"> • Turkey Gravy Dinner Roll Mashed Potatoes Cucumber Slices Apple Slices Peaches 	<ul style="list-style-type: none"> • Pulled Pork w/Bun* Baked Beans Fresh Carrots Peaches Assorted Fruit
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The Grill

<ul style="list-style-type: none"> • Chicken Patty w/Bun Lettuce and Tomato Green Beans Peaches Fresh Apple Slices 	<ul style="list-style-type: none"> • Popcorn Chicken Dinner Roll Baked Beans Fresh Carrots Fresh Pear 	<ul style="list-style-type: none"> • Cheeseburger Spicy Fries Romaine Salad Tomato Slices Mixed Fruit Pineapple 	<ul style="list-style-type: none"> • Chicken Tenders Dinner Roll Glazed Carrots Steamed Broccoli Applesauce Grapes 	<ul style="list-style-type: none"> • Mini Corn Dogs Spinach Salad Potato Wedges Mixed Fruit Assorted Fruit
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Pizza Bar

<ul style="list-style-type: none"> • Big Daddy's Four Meat Pizza* Romaine Salad Green Beans Fresh Apple Slices Peaches 	<ul style="list-style-type: none"> • Cheese Stuffed Breadsticks Marinara Sauce Baked Beans Fresh Carrots Fresh Pear 	<ul style="list-style-type: none"> • Stuffed Crust Pepperoni Pizza* Romaine Salad Cucumber Slices Mixed Fruit Pineapple 	<ul style="list-style-type: none"> • Cheesy Pizza Crunchers Glazed Carrots Steamed Broccoli Grapes Applesauce 	<ul style="list-style-type: none"> • Cheese French Bread Pizza Marinara Sauce Spinach Salad Potato Wedges Mixed Fruit Assorted Fruit
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Deli Bar

<ul style="list-style-type: none"> • Cobb Salad <i>Spinach Salad with Hardboiled Egg, Shredded Cheddar Cheese, and Diced Tomato</i> Cucumber Slices Dinner Roll Fresh Apple Slices 	<ul style="list-style-type: none"> • Smoked Turkey and Cheese Sub Sandwich <i>Sliced Turkey Ham and Cheese on a Hoagie Bun served with Lettuce, Tomato, Onion, and Green Pepper</i> Celery Sticks Dinner Roll Tomato Soup & Crackers Grapes 	<ul style="list-style-type: none"> • Southwestern Chicken Salad <i>Romaine Salad with Fajita Chicken, Shredded Mozzarella Cheese, Red Pepper, Black Beans, and Corn</i> Dinner Roll Whole Apple 	<ul style="list-style-type: none"> • Turkey Breast and Cheese Flatbread <i>Sliced Turkey Breast and Cheese on Flatbread served with Lettuce, Tomato, Onion, and Green Pepper</i> Fresh Carrots Dinner Roll Tomato Soup & Crackers Grapes 	<ul style="list-style-type: none"> • Chef's Salad* <i>Romaine Salad with Diced Ham, Shredded Cheddar Cheese, Peas, and Diced Tomato</i> Cucumber Slices Dinner Roll Fresh Fruit of the Day
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A La Carte

Chicken Egg Roll	Calzone	Apple Bosco Stick	Spicy Fries	Mini Donuts
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• Entrée Choice *May contain pork Skim, 1% and Fat-Free Chocolate Milk are offered with each meal. Menu Subject to change without notice.

Waukee Community Schools

2017-2018 High School Menu

Student Breakfast: \$1.85

Student Lunch: \$2.90

Adult Breakfast: \$2.05

Adult Lunch: \$3.60

Breakfast (Served Weekly)

<ul style="list-style-type: none"> • Breakfast Sandwich* • Mini Cinni or Mini Pancake • Assorted Cereal/Bars Assorted Fruit Milk 	<ul style="list-style-type: none"> • Breakfast Pizza • Pancake on a Stick* • Assorted Cereal/Bars • Yogurt Parfait Bar Assorted Fruit & Juice Milk 	<ul style="list-style-type: none"> • Breakfast Sandwich* • Donut • Assorted Cereal/Bars Assorted Fruit Milk 	<ul style="list-style-type: none"> • Omelet w/ toast* • Cinnamon Roll • Yogurt Parfait Bar Assorted Fruit & Juice Cup Milk 	<ul style="list-style-type: none"> • Breakfast Pizza • Mini Donuts • Assorted Cereal/Bars Assorted Fruit Milk
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Week 2 Menu

Cultural Cuisine

<ul style="list-style-type: none"> • Sweet & Sour Chicken Steamed Rice Steamed Broccoli Fresh Carrots Pineapple Mandarin Oranges 	<ul style="list-style-type: none"> • Chicken Carnita Street Tacos Cheese, Red Onion, Cilantro Steamed Corn Black Beans Whole Apple 	<ul style="list-style-type: none"> • Hot Dog* Chili Topping Sweet Potato Fries Steamed Zucchini Blueberries Clementine 	<ul style="list-style-type: none"> • Chicken Alfredo Breadstick Romaine Salad Steamed Carrots Fresh Apple Slices Grapes 	<ul style="list-style-type: none"> • Warrior Bowl <i>Chicken, Shredded Cheese, & Mashed Potatoes w/ Gravy</i> Dinner Roll Steamed Corn Peaches Assorted Fruit
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Tasty Traditions

<ul style="list-style-type: none"> • Homemade Chili Cinnamon Roll Steamed Broccoli Fresh Carrots Pineapple Mandarin Oranges 	<ul style="list-style-type: none"> • Country Fried Steak Dinner Roll Mashed Potatoes w/ Gravy Steamed Corn Whole Apple 	<ul style="list-style-type: none"> • Waffles & Cheese Omelet Sweet Potato Fries Steamed Zucchini Blueberries Clementine 	<ul style="list-style-type: none"> • Salisbury Steak Dinner Roll Mashed Potatoes w/Gravy Steamed Corn Fresh Apple Slices Grapes 	<ul style="list-style-type: none"> • Baja Chicken Nachos <i>Chips, Fajita Chicken, and Cheese Sauce</i> Pico de Gallo Fresh Carrots Peaches & Assorted Fruit
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The Grill

<ul style="list-style-type: none"> • Warrior Rib Sandwich* Baked Beans Romaine Salad Fresh Apple Slices Peaches 	<ul style="list-style-type: none"> • Chicken Nuggets Dinner Roll Cucumber Slices Steamed Carrots Mixed Fruit Banana 	<ul style="list-style-type: none"> • Cheeseburger Lettuce & Tomato Slices Steamed Corn Celery Sticks Grapes Diced Pears 	<ul style="list-style-type: none"> • Chicken Drumstick Dinner Roll Mashed Potato w/ Gravy Fresh Carrots Fresh Pear 	<ul style="list-style-type: none"> • Pork Tenderloin Sandwich* Lettuce and Tomato Oven Crinkle Fries Romaine Salad Applesauce Assorted Fruit
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Pizza Bar

<ul style="list-style-type: none"> • Big Daddy's Buffalo Chicken Pizza Romaine Salad Steamed Carrots Fresh Apple Slices Peaches 	<ul style="list-style-type: none"> • Personal Cheese Pizza Baked Beans Celery Sticks Banana Mixed Fruit 	<ul style="list-style-type: none"> • Square Pepperoni Pizza* Steamed Corn Celery Sticks Grapes Diced Pears 	<ul style="list-style-type: none"> • Max Sticks Marinara Sauce Green Beans Fresh Carrots Fresh Pear 	<ul style="list-style-type: none"> • Pepperoni French Bread Pizza* Oven Crinkle Fries Romaine Salad Applesauce Assorted Fruit
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Deli Bar

<ul style="list-style-type: none"> • Cobb Salad <i>Spinach Salad with Hardboiled Egg, Shredded Cheddar Cheese, and Diced Tomato</i> Cucumber Slices Dinner Roll Fresh Apple Slices 	<ul style="list-style-type: none"> • Smoked Turkey and Cheese Sub Sandwich <i>Sliced Turkey Ham and Cheese on a Hoagie Bun served with Lettuce, Tomato, Onion, and Green Pepper</i> Celery Sticks Dinner Roll Chicken Rice Soup & Crackers Grapes 	<ul style="list-style-type: none"> • Southwestern Chicken Salad <i>Romaine Salad with Fajita Chicken, Shredded Mozzarella Cheese, Red Pepper, Black Beans, and Corn</i> Dinner Roll Whole Apple 	<ul style="list-style-type: none"> • Turkey Breast and Cheese Flatbread <i>Sliced Turkey Breast and Cheese on Flatbread served with Lettuce, Tomato, Onion, and Green Pepper</i> Fresh Carrots Dinner Roll Chicken Rice Soup & Crackers Grapes 	<ul style="list-style-type: none"> • Chef's Salad* <i>Romaine Salad with Diced Ham, Shredded Cheddar Cheese, Peas, and Diced Tomato</i> Cucumber Slices Dinner Roll Fresh Fruit of the Day
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A La Carte

Chicken Egg Roll	Buffalo Chicken Pizza	Potato Coins	Pretzel w/Cheese	Mini Donuts
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• Entrée Choice *May contain pork Skim, 1% and Fat-Free Chocolate Milk are offered with each meal. Menu Subject to change without notice.

Waukee Community Schools

2017-2018 High School Menu

Student Breakfast: \$1.85

Student Lunch: \$2.90

Adult Breakfast: \$2.05

Adult Lunch: \$3.60

Breakfast (Served Weekly)

<ul style="list-style-type: none"> • Breakfast Sandwich* • Mini Cinni or Mini Pancake • Assorted Cereal/Bars Assorted Fruit Milk 	<ul style="list-style-type: none"> • Breakfast Pizza • Pancake on a Stick* • Assorted Cereal/Bars • Yogurt Parfait Bar Assorted Fruit & Juice Milk 	<ul style="list-style-type: none"> • Breakfast Sandwich* • Donut • Assorted Cereal/Bars Assorted Fruit Milk 	<ul style="list-style-type: none"> • Omelet w/ toast* • Cinnamon Roll • Yogurt Parfait Bar Assorted Fruit & Juice Cup Milk 	<ul style="list-style-type: none"> • Breakfast Pizza • Mini Donuts • Assorted Cereal/Bars Assorted Fruit Milk
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Week 3

Cultural Cuisine

<ul style="list-style-type: none"> • Mandarin Orange Chicken Steamed Rice Steamed Broccoli Fresh Carrots Mandarin Oranges Fresh Apple Slices 	<ul style="list-style-type: none"> • Walking Taco Cheese, Lettuce, & Tomato Steamed Rice Refried Beans Steamed Corn Whole Apple 	<ul style="list-style-type: none"> • Mozzarella Cheese Sticks Marinara Sauce Sweet Potato Fries Celery Sticks Grapes Strawberries 	<ul style="list-style-type: none"> • Spaghetti & Meat Sauce Breadstick Romaine Salad Green Beans Fresh Pear 	<ul style="list-style-type: none"> • Rockin' Chicken Caesar Salad Dinner Roll Fresh Carrots Peaches Assorted Fruit
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Tasty Traditions

<ul style="list-style-type: none"> • Meatball Sub Marinara Sauce Baked Beans Romaine Salad Mandarin Oranges Fresh Apple Slices 	<ul style="list-style-type: none"> • Hot Wing Bites Dinner Roll Potato Coins Celery Sticks Clementine Applesauce 	<ul style="list-style-type: none"> • French Toast Sticks & Sausage Patty* Sweet Potato Fries Steamed Broccoli Strawberries Grapes 	<ul style="list-style-type: none"> • Biscuits and Gravy <i>Fluffy Biscuits Served with a Sausage Pepper Gravy</i> Egg Patty Tri-Tater Steamed Mixed Veggies Fresh Pear 	<ul style="list-style-type: none"> • Mac & Cheese Dinner Roll Steamed Peas Fresh Carrots Peaches Assorted Fruit
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The Grill

<ul style="list-style-type: none"> • Chicken Smackers Dinner Roll Caribbean Vegetables Marinated Chickpea Salad Fresh Orange Pineapple 	<ul style="list-style-type: none"> • Buffalo Chicken Grilled Cheese Fresh Carrots Celery Sticks Banana Peaches 	<ul style="list-style-type: none"> • Cheeseburger Seasoned Curly Fries Romaine Salad Tomato Slices Mandarin Oranges Mixed Fruit 	<ul style="list-style-type: none"> • Chili Crispito w/ Cheese Fresh Carrots Romaine Salad Fresh Apple Slices Blueberries Apple Churro 	<ul style="list-style-type: none"> • Spicy Chicken Sandwich Potato Coins Romaine Lettuce Sliced Tomato Applesauce Assorted Fruit
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Pizza Bar

<ul style="list-style-type: none"> • Big Daddy Pepperoni Pizza Caribbean Vegetables Marinated Chickpea Salad Fresh Orange Pineapple 	<ul style="list-style-type: none"> • Cheesy Bosco Sticks Marinara Sauce Potato Coins Fresh Carrots Banana Peaches 	<ul style="list-style-type: none"> • Personal Pepperoni Pizza Romaine Salad Steamed Broccoli Mandarin Oranges Mixed Fruit 	<ul style="list-style-type: none"> • Square Cheese Pizza Fresh Carrots Steamed Mixed Veggies Fresh Apple Slices Blueberries 	<ul style="list-style-type: none"> • Cheese French Bread Pizza w/ Marinara Potato Coins Spinach Salad Applesauce Assorted Fruit
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Deli Bar

<ul style="list-style-type: none"> • Cobb Salad <i>Spinach Salad with Hardboiled Egg, Shredded Cheddar Cheese, and Diced Tomato</i> Cucumber Slices Dinner Roll Fresh Apple Slices 	<ul style="list-style-type: none"> • Smoked Turkey and Cheese Sub Sandwich <i>Sliced Turkey Ham and Cheese on a Hoagie Bun served with Lettuce, Tomato, Onion, and Green Pepper</i> Celery Sticks Dinner Roll Chicken Noodle Soup & Crackers Grapes 	<ul style="list-style-type: none"> • Southwestern Chicken Salad <i>Romaine Salad with Fajita Chicken, Shredded Mozzarella Cheese, Red Pepper, Black Beans, and Corn</i> Dinner Roll Whole Apple 	<ul style="list-style-type: none"> • Turkey Breast and Cheese Flatbread <i>Sliced Turkey Breast and Cheese on Flatbread served with Lettuce, Tomato, Onion, and Green Pepper</i> Fresh Carrots Dinner Roll Chicken Noodle Soup & Crackers Grapes 	<ul style="list-style-type: none"> • Chef's Salad* <i>Romaine Salad with Diced Ham, Shredded Cheddar Cheese, Peas, and Diced Tomato</i> Cucumber Slices Dinner Roll Fresh Fruit of the Day
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A La Carte

Chicken Egg Roll	Tornado	Nachos	Seasoned Curly Fries	Mini Donuts
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• Entrée Choice *May contain pork Skim, 1% and Fat-Free Chocolate Milk are offered with each meal. Menu Subject to change without notice.