

Waukee Community Schools

2018-2019 School Menu Calendar

The calendar below contains the rotation of the lunch schedule for the 2018-2019 School Year. **Please see the next page for your school's menu.**

August 2018					
WEEK #	Mon	Tues	Wed	Thur	Fri
No School			1	2	3
No School	6	7	8	9	10
No School	13	14	15	16	17
1	20	21	22	23	24
2	27	28	29	30	31

September					
WEEK #	Mon	Tues	Wed	Thur	Fri
3	3	4	5	6	7
1	10	11	12	13	14
2	17	18	19	20	21
3	24	25	26	27	28

October					
WEEK #	Mon	Tues	Wed	Thur	Fri
1	1	2	3	4	5
2	8	9	10	11	12
3	15	16	17	18	19
1	22	23	24	25	26
2	29	30	31		

November					
WEEK #	Mon	Tues	Wed	Thur	Fri
2				1	2
3	5	6	7	8	9
1	12	13	14	15	16
2	19	20	21	22	23
3	26	27	28	29	30

December					
WEEK #	Mon	Tues	Wed	Thur	Fri
1	3	4	5	6	7
2	10	11	12	13	14
3	17	18	19	20	21
No School	24	25	26	27	28
No School	31				

January 2019					
WEEK #	Mon	Tues	Wed	Thur	Fri
1		1	2	3	4
2	7	8	9	10	11
3	14	15	16	17	18
1	21	22	23	24	25
2	28	29	30	31	

February					
WEEK #	Mon	Tues	Wed	Thur	Fri
2					1
3	4	5	6	7	8
1	11	12	13	14	15
2	18	19	20	21	22
3	25	26	27	28	

March					
WEEK #	Mon	Tues	Wed	Thur	Fri
3					1
1	4	5	6	7	8
2	11	12	13	17	15
No School	18	19	20	21	22
1	25	26	27	28	29

April					
WEEK #	Mon	Tues	Wed	Thur	Fri
2	1	2	3	4	5
3	8	9	10	11	12
1	15	16	17	18	19
2	22	23	24	25	26
3	29	30			

May					
WEEK #	Mon	Tues	Wed	Thur	Fri
3			1	2	3
1	6	7	8	9	10
2	13	14	15	16	17
3	20	21	22	23	24
1	27	28	29	30	31

No School	Early Out	Menu Subject to change without notice
<p>To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable.</p> <p>To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.</p>		

Waukee Community Schools

2018-2019 Elementary School **BREAKFAST** Menu

(SEE NEXT PAGE FOR LUNCH MENU)

K-5 Breakfast: \$1.75

Adult Breakfast: \$2.10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1				
<ul style="list-style-type: none"> • Breakfast Pizza • Assorted Cereal/bars <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> • Donut • Assorted Cereal/bars <p>Assorted Fruit & Juice cup Milk</p>	<ul style="list-style-type: none"> • Yogurt Parfaits • Assorted Cereal/bars <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> • Cinnamon Roll • Assorted Cereals/bars <p>Assorted Fruit & Juice cup Milk</p>	<ul style="list-style-type: none"> • Omelet w/Toast • Assorted Cereal/bars <p>Assorted Fruit Milk</p>
WEEK 2				
<ul style="list-style-type: none"> • Breakfast Pizza • Assorted Cereal/bars <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> • Donut • Assorted Cereal/bars <p>Assorted Fruit & Juice cup Milk</p>	<p style="text-align: center;">Mini Day!</p> <ul style="list-style-type: none"> • Mini Waffles or Pancakes • Assorted Cereal/bars <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> • Breakfast Bosco • Assorted Cereals/bars <p>Assorted Fruit & Juice cup Milk</p>	<ul style="list-style-type: none"> • Mini Cinni • Assorted Cereal/bars <p>Assorted Fruit Milk</p>
WEEK 3				
<ul style="list-style-type: none"> • Breakfast Pizza • Assorted Cereal/bars <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> • Donut • Assorted Cereal/bars <p>Assorted Fruit & Juice cup Milk</p>	<ul style="list-style-type: none"> • Biscuits and Gravy* • Assorted Cereal/bars <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> • Warrior Burrito • Assorted Cereals/bars <p>Assorted Fruit & Juice cup Milk</p>	<ul style="list-style-type: none"> • Pancake & Sausage on a Stick* • Assorted Cereal/bars <p>Assorted Fruit Milk</p>

Waukee Community Schools

2018-2019 Elementary School Menu

Student Lunch: \$2.70

Adult Lunch: \$3.65

• Entrée Choice *May contain pork
 Skim, 1% or Fat-Free Chocolate Milk is offered
 with each meal
 Menu Subject to change without notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1				
<ul style="list-style-type: none"> • Chicken Tenders w/ Dinner Roll OR • Sliced Turkey Breast & Cheese Sandwich <p>Steamed Corn Fresh Spinach Applesauce</p>	<ul style="list-style-type: none"> • French Toast Sticks OR • Sunbutter Sandwich <p>Tri-Tater Cucumber Slices Strawberries</p>	<ul style="list-style-type: none"> • Soft Shell Taco OR • Sliced Smoked Turkey & Cheese Sandwich <p>Refried Beans Shredded Lettuce & Cheese Pineapple</p>	<ul style="list-style-type: none"> • Hamburger OR • Sunbutter Sandwich <p>Crinkle Fries Fresh Broccoli Trees Cinnamon Apples</p>	<ul style="list-style-type: none"> • Cheese Pizza OR • Sliced Turkey Breast & Cheese Sandwich <p>Romaine Salad Fresh Carrots Peaches</p>
WEEK 2				
<ul style="list-style-type: none"> • Chicken Nuggets OR • Sliced Turkey Breast & Cheese Sandwich <p>Baked Beans Cucumber Slices Mandarin Oranges</p>	<ul style="list-style-type: none"> • Pancakes & Sausage Patty* OR • Sunbutter Sandwich <p>Sweet Potato Crinkle Fries Celery Sticks Blueberries</p>	<ul style="list-style-type: none"> • Mandarin Orange Chicken with Steamed Rice OR • Sliced Smoked Turkey & Cheese Sandwich <p>Steamed Broccoli Cherry Slushie Mixed Fruit</p>	<ul style="list-style-type: none"> • Mac & Cheese w/ Dinner Roll OR • Sunbutter Sandwich <p>Romaine Salad Steamed Peas Frozen Fruit Cup Chocolate Chip Cookie</p>	<ul style="list-style-type: none"> • Cheesy Pizza Crunchers w/ Marinara Sauce OR • Sliced Turkey Breast & Cheese Sandwich <p>Green Beans Spinach Salad Fresh Apple Slices</p>
WEEK 3				
<ul style="list-style-type: none"> • Popcorn Chicken OR • Sliced Turkey Breast & Cheese Sandwich <p>Baked Beans Fresh Broccoli Trees Diced Pears</p>	<ul style="list-style-type: none"> • Waffles & Egg Patty OR • Sunbutter Sandwich <p>Shoestring Sweet Potato Fries Cucumber Slices Banana</p>	<ul style="list-style-type: none"> • Homemade Chili and Cinnamon Roll OR • Sliced Smoked Turkey & Cheese Sandwich <p>Fresh Spinach Green Beans Red Grapes</p>	<ul style="list-style-type: none"> • Chicken Drumstick & Dinner Roll OR • Sunbutter Sandwich <p>Mashed Potatoes & Gravy Fresh Carrots Blueberries</p>	<ul style="list-style-type: none"> • Pepperoni Pizza* OR • Sliced Turkey Breast & Cheese Sandwich <p>Sweet Potato Waffle Fries Fresh Cauliflower Florets Orange Smiles</p>
Weekly Boxed Salad Option				
<ul style="list-style-type: none"> • Southwest Chicken Salad <p>Fajita Chicken Shredded Cheese Diced Tomatoes Cucumber Slices Corn Black Beans Dinner Roll Applesauce Cup</p>	<ul style="list-style-type: none"> • Romaine Salad w/ Breaded Chicken <p>Shredded Cheese Baby Carrots Diced Tomatoes Cucumber Slices Dinner Roll Strawberry Cup</p>	<ul style="list-style-type: none"> • Romaine Salad w/ Diced Ham* <p>Shredded Cheese Baby Carrots Diced Tomatoes Cucumber Slices Dinner Roll Dried Fruit</p>	<ul style="list-style-type: none"> • Romaine Salad w/ Hardboiled Egg <p>Baby Carrots Diced Tomatoes Cucumber Slices Dinner Roll Giant Vanilla Goldfish Graham Peach Cup</p>	<ul style="list-style-type: none"> • Southwest Chicken Salad <p>Fajita Chicken Shredded Cheese Diced Tomatoes Cucumber Slices Corn Black Beans Dinner Roll Fresh Apple Slices</p>
Weekly Kydz-able Bar				
<ul style="list-style-type: none"> Yogurt Cup Cheese Cubes Romaine Salad Cucumber Slices Dinner Roll Applesauce Cup 	<ul style="list-style-type: none"> Build Your Own Taco! Fajita Chicken & Shredded Mozzarella Cheese Flour Tortilla Black Beans Corn Strawberry Cup 	<ul style="list-style-type: none"> Hardboiled Egg Cheese Cubes Spinach Salad Sunbelievable Slushie Educational Graham Crackers Dried Fruit 	<ul style="list-style-type: none"> Dippin' Day! Hummus w/ Baked Pita Points Cheese Stick Baby Carrots Celery Sticks Giant Vanilla Goldfish Graham Peach Cup 	<ul style="list-style-type: none"> Yogurt Parfait Bar Vanilla Yogurt Cinnamon Granola Assorted Cereal Baby Carrots Cucumber Slices Assorted Fruit
<p>To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.</p>				