

Waukee Community Schools

2018-2019 School Menu Calendar

The calendar below contains the rotation of the lunch schedule for the 2018-2019 School Year. **Please see the next page for your school's menu.**

| August 2018 | | | | | |
|-------------|-----|------|-----|------|-----|
| WEEK # | Mon | Tues | Wed | Thur | Fri |
| No School | | | 1 | 2 | 3 |
| No School | 6 | 7 | 8 | 9 | 10 |
| No School | 13 | 14 | 15 | 16 | 17 |
| 1 | 20 | 21 | 22 | 23 | 24 |
| 2 | 27 | 28 | 29 | 30 | 31 |

| September | | | | | |
|-----------|-----|------|-----|------|-----|
| WEEK # | Mon | Tues | Wed | Thur | Fri |
| 3 | 3 | 4 | 5 | 6 | 7 |
| 1 | 10 | 11 | 12 | 13 | 14 |
| 2 | 17 | 18 | 19 | 20 | 21 |
| 3 | 24 | 25 | 26 | 27 | 28 |
| | | | | | |

| October | | | | | |
|---------|-----|------|-----|------|-----|
| WEEK # | Mon | Tues | Wed | Thur | Fri |
| 1 | 1 | 2 | 3 | 4 | 5 |
| 2 | 8 | 9 | 10 | 11 | 12 |
| 3 | 15 | 16 | 17 | 18 | 19 |
| 1 | 22 | 23 | 24 | 25 | 26 |
| 2 | 29 | 30 | 31 | | |

| November | | | | | |
|----------|-----|------|-----|------|-----|
| WEEK # | Mon | Tues | Wed | Thur | Fri |
| 2 | | | | 1 | 2 |
| 3 | 5 | 6 | 7 | 8 | 9 |
| 1 | 12 | 13 | 14 | 15 | 16 |
| 2 | 19 | 20 | 21 | 22 | 23 |
| 3 | 26 | 27 | 28 | 29 | 30 |

| December | | | | | |
|-----------|-----|------|-----|------|-----|
| WEEK # | Mon | Tues | Wed | Thur | Fri |
| 1 | 3 | 4 | 5 | 6 | 7 |
| 2 | 10 | 11 | 12 | 13 | 14 |
| 3 | 17 | 18 | 19 | 20 | 21 |
| No School | 24 | 25 | 26 | 27 | 28 |
| No School | 31 | | | | |

| January 2019 | | | | | |
|--------------|-----|------|-----|------|-----|
| WEEK # | Mon | Tues | Wed | Thur | Fri |
| 1 | | 1 | 2 | 3 | 4 |
| 2 | 7 | 8 | 9 | 10 | 11 |
| 3 | 14 | 15 | 16 | 17 | 18 |
| 1 | 21 | 22 | 23 | 24 | 25 |
| 2 | 28 | 29 | 30 | 31 | |

| February | | | | | |
|----------|-----|------|-----|------|-----|
| WEEK # | Mon | Tues | Wed | Thur | Fri |
| 2 | | | | | 1 |
| 3 | 4 | 5 | 6 | 7 | 8 |
| 1 | 11 | 12 | 13 | 14 | 15 |
| 2 | 18 | 19 | 20 | 21 | 22 |
| 3 | 25 | 26 | 27 | 28 | |

| March | | | | | |
|-----------|-----|------|-----|------|-----|
| WEEK # | Mon | Tues | Wed | Thur | Fri |
| 3 | | | | | 1 |
| 1 | 4 | 5 | 6 | 7 | 8 |
| 2 | 11 | 12 | 13 | 17 | 15 |
| No School | 18 | 19 | 20 | 21 | 22 |
| 1 | 25 | 26 | 27 | 28 | 29 |

| April | | | | | |
|--------|-----|------|-----|------|-----|
| WEEK # | Mon | Tues | Wed | Thur | Fri |
| 2 | 1 | 2 | 3 | 4 | 5 |
| 3 | 8 | 9 | 10 | 11 | 12 |
| 1 | 15 | 16 | 17 | 18 | 19 |
| 2 | 22 | 23 | 24 | 25 | 26 |
| 3 | 29 | 30 | | | |

| May | | | | | |
|--------|-----|------|-----|------|-----|
| WEEK # | Mon | Tues | Wed | Thur | Fri |
| 3 | | | 1 | 2 | 3 |
| 1 | 6 | 7 | 8 | 9 | 10 |
| 2 | 13 | 14 | 15 | 16 | 17 |
| 3 | 20 | 21 | 22 | 23 | 24 |
| 1 | 27 | 28 | 29 | 30 | 31 |

| | | |
|--|-----------|--|
| No School | Early Out | Menu Subject to change without notice |
| <p>To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable.</p> <p>To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.</p> | | |

Waukee Community Schools

2018-2019 Elementary School **BREAKFAST** Menu

(SEE NEXT PAGE FOR LUNCH MENU)

K-5 Breakfast: \$1.75

Adult Breakfast: \$2.10

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| WEEK 1 | | | | |
| <ul style="list-style-type: none"> • Breakfast Pizza • Assorted Cereal/bars <p>Assorted Fruit Milk</p> | <ul style="list-style-type: none"> • Donut • Assorted Cereal/bars <p>Assorted Fruit & Juice cup Milk</p> | <ul style="list-style-type: none"> • Yogurt Parfaits • Assorted Cereal/bars <p>Assorted Fruit Milk</p> | <ul style="list-style-type: none"> • Cinnamon Roll • Assorted Cereals/bars <p>Assorted Fruit & Juice cup Milk</p> | <ul style="list-style-type: none"> • Omelet w/Toast • Assorted Cereal/bars <p>Assorted Fruit Milk</p> |
| WEEK 2 | | | | |
| <ul style="list-style-type: none"> • Breakfast Pizza • Assorted Cereal/bars <p>Assorted Fruit Milk</p> | <ul style="list-style-type: none"> • Donut • Assorted Cereal/bars <p>Assorted Fruit & Juice cup Milk</p> | <p style="text-align: center;">Mini Day!</p> <ul style="list-style-type: none"> • Mini Waffles or Pancakes • Assorted Cereal/bars <p>Assorted Fruit Milk</p> | <ul style="list-style-type: none"> • Breakfast Bosco • Assorted Cereals/bars <p>Assorted Fruit & Juice cup Milk</p> | <ul style="list-style-type: none"> • Mini Cinni • Assorted Cereal/bars <p>Assorted Fruit Milk</p> |
| WEEK 3 | | | | |
| <ul style="list-style-type: none"> • Breakfast Pizza • Assorted Cereal/bars <p>Assorted Fruit Milk</p> | <ul style="list-style-type: none"> • Donut • Assorted Cereal/bars <p>Assorted Fruit & Juice cup Milk</p> | <ul style="list-style-type: none"> • Biscuits and Gravy • Assorted Cereal/bars <p>Assorted Fruit Milk</p> | <ul style="list-style-type: none"> • Warrior Burrito • Assorted Cereals/bars <p>Assorted Fruit & Juice cup Milk</p> | <ul style="list-style-type: none"> • Pancake & Sausage on a Stick* • Assorted Cereal/bars <p>Assorted Fruit Milk</p> |

Waukee Community Schools

2018-2019 Elementary School Menu

Student Lunch: \$2.70

Adult Lunch: \$3.65

• Entrée Choice *May contain pork
Skim, 1% or Fat-Free Chocolate Milk is offered
with each meal
Menu Subject to change without notice

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| WEEK 1 | | | | |
| <ul style="list-style-type: none"> • Chicken Tenders OR • Sliced Turkey Breast & Cheese Sandwich <p>Steamed Corn Fresh Spinach Applesauce</p> | <ul style="list-style-type: none"> • French Toast Sticks OR • Sunbutter Sandwich <p>Tri-Tater Cucumber Slices Strawberries</p> | <ul style="list-style-type: none"> • Walking Taco OR • Sliced Smoked Turkey & Cheese Sandwich <p>Refried Beans Shredded Lettuce & Cheese Red Bell Pepper Strips Pineapple</p> | <ul style="list-style-type: none"> • Breaded Chicken Sandwich OR • Sunbutter Sandwich <p>Crinkle Fries Fresh Broccoli Trees Watermelon</p> | <ul style="list-style-type: none"> • Cheese Pizza OR • Sliced Turkey Breast & Cheese Sandwich <p>Romaine Salad Fresh Carrots Peaches</p> |
| WEEK 2 | | | | |
| <ul style="list-style-type: none"> • Chicken Nuggets OR • Sliced Turkey Breast & Cheese Sandwich <p>Baked Beans Spinach Salad Mandarin Oranges</p> | <ul style="list-style-type: none"> • Pancakes & Sausage Patty* OR • Sunbutter Sandwich <p>Sweet Potato Crinkle Fries Celery Sticks Blueberries</p> | <ul style="list-style-type: none"> • Mandarin Orange Chicken with Steamed Rice OR • Sliced Smoked Turkey & Cheese Sandwich <p>Roasted Zucchini Coins Cherry Slushie Mixed Fruit</p> | <ul style="list-style-type: none"> • Mac & Cheese w/ Dinner Roll OR • Sunbutter Sandwich <p>Romaine Salad Steamed Peas Clementine Homemade Rice Krispie Treat</p> | <ul style="list-style-type: none"> • Cheesy Stuffed Breadsticks w/ Marinara Sauce OR • Sliced Turkey Breast & Cheese Sandwich <p>Green Beans Spinach Salad Fresh Apple Slices</p> |
| WEEK 3 | | | | |
| <ul style="list-style-type: none"> • Popcorn Chicken OR • Sliced Turkey Breast & Cheese Sandwich <p>Baked Beans Fresh Broccoli Trees Diced Pears</p> | <ul style="list-style-type: none"> • Waffles & Egg Patty OR • Sunbutter Sandwich <p>Shoestring Sweet Potato Fries Cucumber Slices Banana</p> | <ul style="list-style-type: none"> • Spaghetti & Meat Sauce OR • Sliced Smoked Turkey & Cheese Sandwich <p>Fresh Spinach Green Beans Red Grapes</p> | <ul style="list-style-type: none"> • Chicken Drumstick & Dinner Roll OR • Sunbutter Sandwich <p>Mashed Potatoes & Gravy Fresh Carrots Blueberries</p> | <ul style="list-style-type: none"> • Personal Cheese Pizza OR • Sliced Turkey Breast & Cheese Sandwich <p>Sweet Potato Waffle Fries Fresh Cauliflower Florets Orange Smiles</p> |
| Weekly Boxed Salad Option | | | | |
| <ul style="list-style-type: none"> • Southwest Chicken Salad <p>Fajita Chicken Shredded Cheese Diced Tomatoes Cucumber Slices Corn Black Beans Dinner Roll Applesauce Cup</p> | <ul style="list-style-type: none"> • Romaine Salad w/ Breaded Chicken <p>Shredded Cheese Baby Carrots Diced Tomatoes Cucumber Slices Dinner Roll Strawberry Cup</p> | <ul style="list-style-type: none"> • Romaine Salad w/ Diced Ham* <p>Shredded Cheese Baby Carrots Diced Tomatoes Cucumber Slices Dinner Roll Dried Fruit</p> | <ul style="list-style-type: none"> • Romaine Salad w/ Hardboiled Egg <p>Baby Carrots Diced Tomatoes Cucumber Slices Dinner Roll Giant Vanilla Goldfish Graham Peach Cup</p> | <ul style="list-style-type: none"> • Southwest Chicken Salad <p>Fajita Chicken Shredded Cheese Diced Tomatoes Cucumber Slices Corn Black Beans Dinner Roll Fresh Apple Slices</p> |
| Weekly Kydz-able Bar | | | | |
| <ul style="list-style-type: none"> • Yogurt Cup • Cheese Cubes • Romaine Salad • Cucumber Slices • Dinner Roll • Applesauce Cup | <ul style="list-style-type: none"> • Dippin' Day! • Hummus w/ Baked Pita Points • Cheese Stick • Baby Carrots • Celery Sticks • Strawberry Cup | <ul style="list-style-type: none"> • Hardboiled Egg • Cheese Cubes • Spinach Salad • Sunbelievable Slushie • Educational Graham • Crackers • Dried Fruit | <ul style="list-style-type: none"> • Build Your Own Taco! • Fajita Chicken & Shredded Mozzarella Cheese • Flour Tortilla • Black Beans • Corn • Giant Vanilla Goldfish • Graham • Peach Cup | <ul style="list-style-type: none"> • Yogurt Parfait Bar • Vanilla Yogurt • Cinnamon Granola • Assorted Cereal • Baby Carrots • Celery Sticks • Assorted Fruit |

To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above.