

Waukee Community Schools

2017-2018 School Menu Calendar

The calendar below contains the rotation of the lunch schedule for the 2017-2018 School Year. **Please see the next page for your school's menu.**

| August | | | | | | |
|--------|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

| September | | | | | | |
|-----------|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

| October | | | | | | |
|---------|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

| November | | | | | | |
|----------|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

| December | | | | | | |
|----------|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

| January | | | | | | |
|---------|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

| February | | | | | | |
|----------|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | | | |

| March | | | | | | |
|-------|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

| April | | | | | | |
|-------|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

| May | | | | | | |
|-----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

| | | |
|---|------------------|--|
| No School | Early Out | Menu Subject to change without notice |
| <p>To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.</p> | | |

Waukee Community Schools

2017-2018 8-9th Grade Menu (Prairieview and Timberline)

Student Breakfast: \$1.85 Adult Breakfast \$2.05 8th Lunch: \$2.80 9th Lunch: \$2.90 Adult Lunch: \$3.60

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|---|
| Breakfast •3 Options offered daily | • Breakfast Sandwich* • Mini Cinni or Pancakes • Assorted Cereal/bar Assorted Fruit Milk | • Breakfast Pizza • Pancake & Sausage on a Stick* • Assorted Cereal/bar Assorted Fruit, Juice Milk | • Breakfast Sandwich* • Donut • Assorted Cereal/bar Assorted Fruit Milk | • Omelet w/Toast • Cinnamon Roll • Assorted Cereal/bar Assorted Fruit, Juice Milk | • Breakfast Pizza • Mini Donuts • Assorted Cereal/bar Assorted Fruit Milk |

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|---|--|---|---|--|
| Bistro Bar | General Tso's Chicken Steamed Rice Edamame Succotash Zucchini Coins Mandarin Oranges & Pineapple | Nacho Grande Refried Beans Cheese, Lettuce, Tomato Grapes & Dried Fruit | Pancakes & Sausage Patties Sweet Potato Waffle Fries Celery Sticks Strawberries & Blueberries | Turkey Gravy Dinner Roll Mashed Potatoes Steamed Carrots Pears & Applesauce | Fiesta Bites Queso Cheese Sauce Steamed Corn Romaine Salad Pineapple & Assorted Fruit |
| Pizza Shack | Personal Pepperoni Pizza Steamed Corn Romaine Salad Fresh Apple | Stuffed Crust Pepperoni Pizza* Green Beans Fresh Carrots Mixed Fruit & Grapes | Big Daddy Buffalo Chicken Pizza Potato Wedges Spinach Salad Diced Pears & Apple Slices | Cheese Stuffed Breadsticks w/ Marinara Baked Beans Cucumber Slices Applesauce & Dried Fruit | Cheesy French Bread Pizza Marinara Sauce Steamed Carrots Celery Sticks Peaches & Assorted Fruit |
| The Grill | Chicken Sandwich Steamed Corn Romaine Salad Fresh Apple | Popcorn Chicken Dinner Roll Green Beans Fresh Carrots Mixed Fruit & Dried Fruit | Cheeseburger Lettuce & Sliced Tomato Potato Wedges Pears & Apple Slices | Pulled Pork Sandwich* Baked Beans Potato Coins Dried Fruit & Cantaloupe | Mac & Cheese Dinner Roll Steamed Peas Fresh Carrots Assorted Fruit & Peaches |
| A la Carte | Chicken Egg Roll | Pretzel with Cheese | Tornado | Buffalo Chicken Pizza | Mini Donuts |

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|---|---|---|--|--|
| Bistro Bar | Sweet & Sour Chicken Steamed Rice Steamed Carrots Spinach Salad Mandarin Oranges & Pineapple | Soft Shell Taco Cheese, Lettuce, & Tomato Steamed Rice Refried Beans Fresh Apple | Waffles & Cheese Omelet Tri-Tater Celery Sticks Blueberries & Strawberries | Country Fried Steak Dinner Roll Mashed Potatoes w/ Gravy Fresh Carrots Dried Fruit & Applesauce | Mini Corn Dogs Crinkle Fries Cucumber Slices Mixed Fruit & Assorted Fruit |
| Pizza Shack | Square Pepperoni Pizza* Steamed Corn Romaine Salad Peaches & Apple Slices | Personal Cheese Pizza Green Beans Potato Wedges Banana & Mixed Fruit | Big Daddy Four Meat Pizza* Sweet Potato Fries Cucumber Slices Fresh Orange & Applesauce | Mozzarella Cheese Sticks Marinara Sauce Baked Beans Spinach Salad Diced Pears & Grapes | Cheesy French Bread Pizza Marinara Sauce Steamed Peas Fresh Carrots Applesauce & Assorted Fruit |
| The Grill | Meatball Sub w/ Marinara Sauce Steamed Corn Romaine Salad Peaches & Apple Slices | Chicken Nuggets Dinner Roll Green Beans Potato Wedges Banana & Mixed Fruit | Grilled Chicken Breast on a Pretzel Bun Lettuce & Sliced Tomato Sweet Potato Fries Baked Beans Fresh Orange & Applesauce | Hot Wing Bites Dinner Roll Tri-Tater Celery Sticks Diced Pears & Grapes | Pork Tenderloin Sandwich* Crinkle Fries Fresh Carrots Applesauce & Assorted Fruit |
| A la Carte | Chicken Egg Roll | Nacho with Cheese | Tornados | Four Meat Pizza | Mini Donuts |

| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|---|--|---|---|--|
| Bistro Bar | Mandarin Orange Chicken Steamed Rice Steamed Broccoli Fresh Carrots Mandarin Oranges & Pineapple | Walking Taco Cheese, Lettuce, & Tomato Refried Beans Fresh Apple Apple Churro | French Toast Sticks & Egg Patty Sweet Potato Fries Celery Sticks Strawberries & Blueberries | Spaghetti & Meat Sauce Breadstick Romaine Salad Green Beans Peaches & Fresh Orange | Chicken Smackers Dinner Roll Steamed Corn Zucchini Coins Mixed Fruit & Assorted Fruit |
| Pizza Shack | Square Pepperoni Pizza* Potato Coins w/ Queso Spinach Salad Peaches & Apple Slices | Cheesy Pizza Crunchers Romaine Lettuce Fresh Carrots Banana & Diced Pears | Big Daddy Pepperoni Pizza Steamed Corn Celery Sticks Applesauce & Dried Fruit | Max Sticks w/ Marinara Baked Beans Fresh Carrots Grapes & Peaches | Pepperoni French Bread Pizza* Steamed Peas Zucchini Coins Applesauce & Assorted Fruit |
| The Grill | Spicy Chicken Sandwich Tomato Slices Potato Coins w/ Queso Spinach Salad Peaches & Apple Slices | Chicken Tenders Dinner Roll Green Beans Fresh Carrots Banana & Diced Pears | Chicken Drumstick Dinner Roll Mashed Potatoes w/ Gravy Steamed Corn Applesauce & Dried Fruit | Warrior Rib Sandwich* Ranch Beans Fresh Carrots Fresh Orange & Watermelon | Deli Turkey Sub Lettuce & Sliced Tomato Steamed Asparagus Mixed Fruit & Assorted Fruit |
| A la Carte | Chicken Egg Roll | Potato Coins w/ Queso | Tornados | Pepperoni Pizza | Mini Donuts |

| | | | | | |
|---------------------------|--|--|--|--|--|
| Salad Bar (Weekly) | Fajita Chicken & Cheese Assorted Veggies & Fruit | Ham & Cheese* Assorted Veggies & Fruit | Hardboiled Egg & Cheese Assorted Veggies & Fruit | Fajita Chicken & Cheese Assorted Veggies & Fruit | Hardboiled Egg & Cheese Assorted Veggies & Fruit |
|---------------------------|--|--|--|--|--|

*May contain pork
Milk is offered with each meal
Menu Subject to change without notice

To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.