

# Waukee Community Schools

# 2017-2018 School Menu Calendar

The calendar below contains the rotation of the lunch schedule for the 2017-2018 School Year. **Please see the next page for your school's menu.**

August						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

January						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

<b>No School</b>	<b>Early Out</b>	<b>Menu Subject to change without notice</b>
<p>To make a reimbursable meal, students must <b>choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable.</b> To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.</p>		

# Waukee Community Schools

# 2017-2018 8-9th Grade Menu (Prairieview and Timberline)

Student Breakfast: \$1.85    Adult Breakfast \$2.05    8<sup>th</sup> Lunch: \$2.80    9<sup>th</sup> Lunch: \$2.90    Adult Lunch: \$3.60

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> •3 Options offered daily	• Breakfast Sandwich* • Mini Cinni or Pancakes • Assorted Cereal/bar Assorted Fruit Milk	• Breakfast Pizza • Pancake & Sausage on a Stick* • Assorted Cereal/bar Assorted Fruit, Juice Milk	• Breakfast Sandwich* • Donut • Assorted Cereal/bar Assorted Fruit Milk	• Omelet w/Toast • Cinnamon Roll • Assorted Cereal/bar Assorted Fruit, Juice Milk	• Breakfast Pizza • Mini Donuts • Assorted Cereal/bar Assorted Fruit Milk

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Bistro Bar</b>	<b>General Tso's Chicken</b> Steamed Rice Edamame Succotash Spinach Salad Mandarin Oranges & Pineapple	<b>Nacho Grande</b> Refried Beans Cheese, Lettuce, Tomato Grapes & Dried Fruit	<b>Pancakes &amp; Sausage Patties</b> Sweet Potato Fries Celery Sticks Strawberries & Blueberries	<b>Turkey Gravy</b> Dinner Roll Mashed Potatoes Steamed Carrots Diced Pears & Fresh Kiwi	<b>Fiesta Bites</b> Queso Cheese Sauce Steamed Corn Romaine Salad Pineapple & Assorted Fruit
<b>Pizza Shack</b>	<b>Personal Pepperoni Pizza</b> Steamed Corn Romaine Salad Fresh Apple	<b>Stuffed Crust Pepperoni Pizza*</b> Green Beans Fresh Carrots Mixed Fruit & Grapes	<b>Big Daddy Buffalo Chicken Pizza</b> Potato Wedges Spinach Salad Diced Pears & Apple Slices	<b>Cheese Stuffed Breadsticks w/ Marinara</b> Baked Beans Cucumber Slices Applesauce & Dried Fruit	<b>Cheesy French Bread Pizza</b> Marinara Sauce Steamed Carrots Celery Sticks Peaches & Assorted Fruit
<b>The Grill</b>	<b>Chicken Sandwich</b> Steamed Corn Romaine Salad Fresh Apple	<b>Popcorn Chicken</b> Dinner Roll Green Beans Fresh Carrots Mixed Fruit & Dried Fruit	<b>Cheeseburger</b> Lettuce & Sliced Tomato Sweet Potato Fries Spinach Salad Diced Pears & Apple Slices	<b>Pulled Pork Sandwich*</b> Baked Beans Potato Coins Dried Fruit & Grapes	<b>Mac &amp; Cheese</b> Dinner Roll Steamed Peas Fresh Carrots Assorted Fruit & Peaches
<b>A la Carte</b>	<b>Chicken Egg Roll</b>	<b>Pretzel with Cheese</b>	<b>Tornado</b>	<b>Buffalo Chicken Pizza</b>	<b>Mini Donuts</b>

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Bistro Bar</b>	<b>Sweet &amp; Sour Chicken</b> Steamed Rice Steamed Carrots Spinach Salad Mandarin Oranges & Pineapple	<b>Soft Shell Taco</b> Cheese, Lettuce, & Tomato Steamed Rice Refried Beans Fresh Apple	<b>Waffles &amp; Cheese Omelet</b> Tri-Tater Celery Sticks Blueberries & Strawberries	<b>Country Fried Steak</b> Dinner Roll Mashed Potatoes w/ Gravy Fresh Carrots Dried Fruit & Applesauce	<b>Mini Corn Dogs</b> Crinkle Fries Cucumber Slices Mixed Fruit & Assorted Fruit
<b>Pizza Shack</b>	<b>Square Pepperoni Pizza*</b> Steamed Corn Romaine Salad Peaches & Fresh Orange	<b>Personal Cheese Pizza</b> Green Beans Potato Wedges Banana & Mixed Fruit	<b>Big Daddy Four Meat Pizza*</b> Sweet Potato Fries Cucumber Slices Fresh Pear & Applesauce	<b>Mozzarella Cheese Sticks</b> Marinara Sauce Baked Beans Spinach Salad Diced Pears & Grapes	<b>Cheesy French Bread Pizza</b> Marinara Sauce Steamed Peas Fresh Carrots Applesauce & Assorted Fruit
<b>The Grill</b>	<b>Meatball Sub w/ Marinara Sauce</b> Steamed Corn Romaine Salad Peaches & Fresh Orange	<b>Chicken Nuggets</b> Dinner Roll Green Beans Potato Wedges Banana & Mixed Fruit	<b>Grilled Chicken Breast on a Pretzel Bun</b> Lettuce & Sliced Tomato Sweet Potato Fries Baked Beans Fresh Pear & Applesauce	<b>Hot Wing Bites</b> Dinner Roll Tri-Tater Celery Sticks Diced Pears & Grapes	<b>Pork Tenderloin Sandwich*</b> Crinkle Fries Fresh Carrots Applesauce & Assorted Fruit
<b>A la Carte</b>	<b>Chicken Egg Roll</b>	<b>Nacho with Cheese</b>	<b>Tornados</b>	<b>Four Meat Pizza</b>	<b>Mini Donuts</b>

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Bistro Bar</b>	<b>Mandarin Orange Chicken</b> Steamed Rice Steamed Broccoli Fresh Carrots Mandarin Oranges & Pineapple	<b>Walking Taco</b> Cheese, Lettuce, & Tomato Refried Beans Fresh Apple Apple Churro	<b>French Toast Sticks &amp; Egg Patty</b> Sweet Potato Fries Celery Sticks Strawberries & Blueberries	<b>Spaghetti &amp; Meat Sauce</b> Breadstick Romaine Salad Green Beans Fresh Pear	<b>Chicken Smackers</b> Dinner Roll Steamed Corn Cucumber Slices Mixed Fruit & Assorted Fruit
<b>Pizza Shack</b>	<b>Square Pepperoni Pizza*</b> Potato Coins Spinach Salad Peaches & Apple Slices	<b>Cheesy Pizza Crunchers</b> Romaine Lettuce Fresh Carrots Banana & Diced Pears	<b>Big Daddy Pepperoni Pizza</b> Steamed Corn Celery Sticks Mandarin Oranges & Dried Fruit	<b>Max Sticks w/ Marinara</b> Baked Beans Fresh Carrots Grapes & Peaches	<b>Pepperoni French Bread Pizza*</b> Steamed Peas Cucumber Slices Applesauce & Assorted Fruit
<b>The Grill</b>	<b>Spicy Chicken Sandwich</b> Tomato Slices Potato Coins Spinach Salad Peaches & Apple Slices	<b>Chicken Tenders</b> Dinner Roll Green Beans Fresh Carrots Banana & Diced Pears	<b>Chicken Drumstick</b> Dinner Roll Mashed Potatoes w/ Gravy Steamed Corn Mandarin Oranges & Dried Fruit	<b>Warrior Rib Sandwich*</b> Ranch Beans Fresh Carrots Fresh Pear	<b>Homemade Chili</b> Cinnamon Roll Celery Sticks Steamed Asparagus Mixed Fruit & Assorted Fruit
<b>A la Carte</b>	<b>Chicken Egg Roll</b>	<b>Potato Coins</b>	<b>Tornados</b>	<b>Pepperoni Pizza</b>	<b>Mini Donuts</b>

<b>Salad Bar (Weekly)</b>	<b>Fajita Chicken &amp; Cheese</b> Assorted Veggies & Fruit	<b>Ham &amp; Cheese*</b> Assorted Veggies & Fruit	<b>Hardboiled Egg &amp; Cheese</b> Assorted Veggies & Fruit	<b>Fajita Chicken &amp; Cheese</b> Assorted Veggies & Fruit	<b>Hardboiled Egg &amp; Cheese</b> Assorted Veggies & Fruit
<p>*May contain pork Skim, 1%, and Fat-Free Chocolate Milk are offered with each meal Menu Subject to change without notice</p>			<p>To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.</p>		