

# Waukee Community Schools

# 2017-2018 School Menu Calendar

The calendar below contains the rotation of the lunch schedule for the 2017-2018 School Year. **Please see the next page for your school's menu.**

August						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

January						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

<b>No School</b>	<b>Early Out</b>	<b>Menu Subject to change without notice</b>
<p>To make a reimbursable meal, students must <b>choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable.</b> To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.</p>		

# Waukee Community Schools

# 2017-2018 South Middle & Waukee Middle School

Student Breakfast: \$1.85

Adult Breakfast \$2.05

Student Lunch: \$2.80

Adult Lunch: \$3.60

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast 3 Options offered daily</b>	<ul style="list-style-type: none"> <li>Breakfast Sandwich*</li> <li>Mini Cinni or Pancakes</li> <li>Assorted Cereal/bar</li> </ul> Assorted Fruit Milk	<ul style="list-style-type: none"> <li>Breakfast Pizza</li> <li>Pancake on a Stick</li> <li>Assorted Cereal/bar</li> </ul> Assorted Fruit, Juice Milk	<ul style="list-style-type: none"> <li>Breakfast Sandwich*</li> <li>Donut</li> <li>Assorted Cereal/bar</li> </ul> Assorted Fruit Milk	<ul style="list-style-type: none"> <li>Omelet w/Toast</li> <li>Cinnamon Roll</li> <li>Assorted Cereal/bar</li> </ul> Assorted Fruit, Juice Milk	<ul style="list-style-type: none"> <li>Breakfast Pizza</li> <li>Mini Donuts</li> <li>Assorted Cereal/bar</li> </ul> Assorted Fruit Milk

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Bistro Bar</b>	<b>General Tso's Chicken</b> Steamed Rice Edamame Succotash Zucchini Coins Mandarin Oranges	<b>Nacho Grande</b> Refried Beans Cheese, Lettuce, Tomato Grapes	<b>Pancakes &amp; Sausage Patty</b> Sweet Potato Waffle Fries Celery Sticks Strawberries	<b>Turkey Gravy</b> Dinner Roll Mashed Potatoes Steamed Carrots Applesauce	<b>Fiesta Bites</b> Queso Cheese Sauce Steamed Corn Romaine Salad Assorted Fruit
<b>Pizza Shack</b>	<b>Personal Pepperoni Pizza</b> Steamed Corn Romaine Salad Fresh Apple Slices	<b>Stuffed Crust Pepperoni Pizza*</b> Green Beans Fresh Carrots Mixed Fruit	<b>Big Daddy Buffalo Chicken Pizza</b> Potato Wedges Spinach Salad Diced Pears	<b>Cheese Stuffed Bread Sticks w/ Marinara</b> Baked Beans Cucumber Slices Applesauce	<b>Cheesy French Bread w/ Marinara Sauce</b> Steamed Carrots Celery Sticks Assorted Fruit
<b>The Grill</b>	<b>Chicken Sandwich</b> Steamed Corn Romaine Salad Fresh Apple Slices	<b>Popcorn Chicken</b> Green Beans Fresh Carrots Mixed Fruit	<b>Hamburger</b> Potato Wedges Spinach Salad Diced Pears	<b>Pulled Pork Sandwich*</b> Baked Beans Potato Coins Cantaloupe	<b>Mac &amp; Cheese</b> Steamed Peas Fresh Carrots Assorted Fruit
<b>A La Carte</b>	<b>Chicken Egg Roll</b>	<b>Pretzel with Cheese</b>	<b>Tornados</b>	<b>Buffalo Chicken Pizza</b>	<b>Mini Donuts</b>
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Bistro Bar</b>	<b>Sweet &amp; Sour Chicken</b> Steamed Rice Spinach Salad Steamed Carrots Fresh Apple Slices	<b>Soft Shell Taco</b> Cheese, Lettuce, Tomato Refried Beans Pineapple	<b>Waffles with Egg Patty</b> Tri-Tater Celery Sticks Blueberries	<b>Country Fried Steak</b> Dinner Roll Mashed Potatoes w/ Gravy Steamed Corn Grapes	<b>Mini Corn Dogs</b> Crinkle Fries Cucumber Slices Assorted Fruit
<b>Pizza Shack</b>	<b>Square Pepperoni Pizza*</b> Steamed Corn Romaine Salad Peaches	<b>Personal Cheese Pizza</b> Green Beans Potato Wedges Mixed Fruit	<b>Big Daddy Four Meat Pizza*</b> Sweet Potato Fries Cucumber Slices Applesauce	<b>Mozzarella Cheese Sticks w/ Marinara Sauce</b> Baked Beans Spinach Salad Diced Pears	<b>Cheesy French Bread w/ Marinara Sauce</b> Steamed Peas Fresh Carrots Assorted Fruit
<b>The Grill</b>	<b>Meatball Sub Sandwich w/ Marinara Sauce</b> Steamed Corn Romaine Salad Fresh Apple Slices	<b>Chicken Nuggets</b> Green Beans Potato Wedges Mixed Fruit	<b>Grilled Chicken Breast on a Pretzel Bun</b> Shredded Lettuce & Tomato Baked Beans Celery Sticks Applesauce	<b>Hot Wing Bites</b> Tri-Tater Spinach Salad Grapes	<b>Pork Tenderloin Sandwich*</b> Crinkle Fries Fresh Carrots Assorted Fruit
<b>A La Carte</b>	<b>Chicken Egg Roll</b>	<b>Nacho with Cheese</b>	<b>Tornados</b>	<b>Four Meat Pizza</b>	<b>Mini Donuts</b>
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Bistro Bar</b>	<b>Mandarin Orange Chicken</b> Steamed Rice Steamed Broccoli Fresh Carrots Mandarin Oranges	<b>Walking Taco</b> Cheese, Lettuce, Tomato Refried Beans Peaches Apple Churro	<b>French Toast &amp; Egg Patty</b> Sweet Potato Fries Celery Sticks Strawberries	<b>Spaghetti w/ Meat Sauce</b> Breadstick Romaine Salad Green Beans Diced Pears	<b>Chicken Smackers</b> Steamed Corn Celery Sticks Assorted Fruit
<b>Pizza Shack</b>	<b>Square Pepperoni Pizza*</b> Potato Coins w/ Queso Spinach Salad Fresh Apple Slices	<b>Cheesy Pizza Crunchers</b> Green Beans Romaine Salad Banana	<b>Big Daddy Pepperoni Pizza</b> Steamed Corn Cucumber Slices Applesauce	<b>Max Sticks w/ Marinara</b> Baked Beans Fresh Carrots Diced Pears	<b>Pepperoni French Bread Pizza*</b> Steamed Peas Celery Sticks Assorted Fruit
<b>The Grill</b>	<b>Spicy Chicken Sandwich</b> Potato Coins w/ Queso Spinach Salad Fresh Apple Slices	<b>Chicken Tenders</b> Green Beans Fresh Carrots Banana	<b>Chicken Drumstick</b> Dinner Roll Mashed Potatoes w/ Gravy Steamed Corn Applesauce	<b>Warrior Rib Sandwich*</b> Ranch Beans Fresh Carrots Watermelon	<b>Deli Turkey Sub</b> Shredded Lettuce & Sliced Tomato Steamed Corn Assorted Fruit
<b>A La Carte</b>	<b>Chicken Egg Roll</b>	<b>Potato Coins w/ Queso</b>	<b>Tornados</b>	<b>Pepperoni Pizza</b>	<b>Mini Donuts</b>
<b>Salad Bar (Weekly)</b>	<b>Fajita Chicken</b> Assorted Veggies Applesauce Cup	<b>Ham &amp; Cheese*</b> Assorted Veggies Strawberry Cup	<b>Hardboiled Egg &amp; Cheese</b> Assorted Veggies Fresh Apple Slices	<b>Fajita Chicken</b> Assorted Veggies Applesauce Cup	<b>Hardboiled Egg &amp; Cheese</b> Assorted Veggies Peach Cup

\*May contain pork

Milk is offered with each meal  
Menu Subject to change without notice

To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.