

Waukee Community Schools

2017-2018 School Menu Calendar

The calendar below contains the rotation of the lunch schedule for the 2017-2018 School Year. **Please see the next page for your school's menu.**

August						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

January						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

No School	Early Out	Menu Subject to change without notice
<p>To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.</p>		

Waukee Community Schools

2017-2018 South Middle & Waukee Middle School

Student Breakfast: \$1.85

Adult Breakfast \$2.05

Student Lunch: \$2.80

Adult Lunch: \$3.60

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 3 Options offered daily	<ul style="list-style-type: none"> • Breakfast Sandwich* • Mini Cinni or Pancakes • Assorted Cereal/bar Assorted Fruit Milk	<ul style="list-style-type: none"> • Breakfast Pizza • Pancake on a Stick • Yogurt Parfait Bar • Assorted Cereal/bar Assorted Fruit, Juice & Milk	<ul style="list-style-type: none"> • Breakfast Sandwich* • Donut • Assorted Cereal/bar Assorted Fruit Milk	<ul style="list-style-type: none"> • Omelet w/Toast • Cinnamon Roll • Assorted Cereal/bar Assorted Fruit, Juice Milk	<ul style="list-style-type: none"> • Breakfast Pizza • Mini Donuts • Assorted Cereal/bar Assorted Fruit Milk

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Bistro Bar	General Tso's Chicken Steamed Rice Edamame Succotash Spinach Salad Applesauce	Nacho Grande Refried Beans Cheese, Lettuce, Tomato Grapes	Pancakes & Sausage Patty Sweet Potato Waffle Fries Celery Sticks Strawberries	Turkey Gravy Dinner Roll Mashed Potatoes Steamed Carrots Clementine	Hot Dog Homemade Chili Topping Steamed Corn Romaine Salad Assorted Fruit
Pizza Shack	Personal Pepperoni Pizza Steamed Corn Romaine Salad Applesauce	Stuffed Crust Pepperoni Pizza* Green Beans Fresh Carrots Mixed Fruit	Big Daddy Buffalo Chicken Pizza Potato Wedges Spinach Salad Diced Pears	Cheese Stuffed Bread Sticks w/ Marinara Baked Beans Cucumber Slices Clementine	Cheesy French Bread w/ Marinara Sauce Steamed Carrots Celery Sticks Assorted Fruit
The Grill	Chicken Sandwich Steamed Corn Romaine Salad Mandarin Oranges	Popcorn Chicken Green Beans Fresh Carrots Mixed Fruit	Cheeseburger Potato Wedges Spinach Salad Diced Pears	Pulled Pork Sandwich* Baked Beans Potato Coins Grapes	Mac & Cheese Steamed Peas Fresh Carrots Assorted Fruit
A La Carte	Chicken Egg Roll	Pretzel with Cheese	Tornados	Buffalo Chicken Pizza	Mini Donuts
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Bistro Bar	Sweet & Sour Chicken Steamed Rice Spinach Salad Steamed Carrots Fresh Orange	Soft Shell Taco Cheese, Lettuce, Tomato Refried Beans Pineapple	Waffles with Egg Patty Tri-Tater Celery Sticks Blueberries	Country Fried Steak Dinner Roll Mashed Potatoes w/ Gravy Steamed Corn Grapes	Mini Corn Dogs Crinkle Fries Cucumber Slices Assorted Fruit
Pizza Shack	Square Pepperoni Pizza* Steamed Corn Romaine Salad Mandarin Oranges	Personal Cheese Pizza Green Beans Potato Wedges Mixed Fruit	Big Daddy Four Meat Pizza* Sweet Potato Fries Cucumber Slices Applesauce	Mozzarella Cheese Sticks w/ Marinara Sauce Baked Beans Spinach Salad Diced Pears	Cheesy French Bread w/ Marinara Sauce Steamed Peas Fresh Carrots Assorted Fruit
The Grill	Meatball Sub Sandwich w/ Marinara Sauce Steamed Corn Romaine Salad Fresh Orange	Chicken Nuggets Green Beans Potato Wedges Mixed Fruit	Grilled Chicken Breast on a Pretzel Bun Shredded Lettuce & Tomato Tri-Tater Cucumber Slices Applesauce	Hot Wing Bites Baked Beans Celery Sticks Grapes	Pork Tenderloin Sandwich* Crinkle Fries Fresh Carrots Assorted Fruit
A La Carte	Chicken Egg Roll	Nacho with Cheese	Tornados	Four Meat Pizza	Mini Donuts
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Bistro Bar	Mandarin Orange Chicken Steamed Rice Steamed Broccoli Fresh Carrots Mandarin Oranges	Walking Taco Cheese, Lettuce, Tomato Refried Beans Peaches Apple Churro	French Toast & Egg Patty Sweet Potato Fries Celery Sticks Strawberries	Spaghetti w/ Meat Sauce Breadstick Romaine Salad Green Beans Diced Pears	Chicken Smackers Steamed Corn Celery Sticks Assorted Fruit
Pizza Shack	Square Pepperoni Pizza* Potato Coins Spinach Salad Fresh Apple Slices	Cheesy Pizza Crunchers Green Beans Romaine Salad Banana	Big Daddy Pepperoni Pizza Steamed Corn Cucumber Slices Mandarin Oranges	Max Sticks w/ Marinara Ranch Beans Fresh Carrots Diced Pears	Pepperoni French Bread Pizza* Steamed Peas Celery Sticks Assorted Fruit
The Grill	Spicy Chicken Sandwich Potato Coins Spinach Salad Fresh Apple Slices	Chicken Tenders Green Beans Fresh Carrots Banana	Chicken Drumstick Dinner Roll Mashed Potatoes w/ Gravy Steamed Corn Mandarin Oranges	Warrior Rib Sandwich* Ranch Beans Fresh Carrots Pineapple	Homemade Chili Cinnamon Roll Steamed Corn Celery Sticks Assorted Fruit
A La Carte	Chicken Egg Roll	Potato Coins	Tornados	Pepperoni Pizza	Mini Donuts
Salad Bar (Weekly)	Fajita Chicken Assorted Veggies Applesauce Cup	Ham & Cheese* Assorted Veggies Strawberry Cup	Hardboiled Egg & Cheese Assorted Veggies Fresh Apple Slices	Fajita Chicken Assorted Veggies Applesauce Cup	Hardboiled Egg & Cheese Assorted Veggies Peach Cup

*May contain pork
Skim, 1%, and Fat-Free Chocolate Milk are offered with each meal
Menu Subject to change without notice

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