

Waukee Community Schools

2018-2019 School Menu Calendar

The calendar below contains the rotation of the lunch schedule for the 2018-2019 School Year. Please see the next page for your school's menu.

August 2018					
WEEK #	Mon	Tues	Wed	Thur	Fri
No School			1	2	3
No School	6	7	8	9	10
No School	13	14	15	16	17
1	20	21	22	23	24
2	27	28	29	30	31

September					
WEEK #	Mon	Tues	Wed	Thur	Fri
3	3	4	5	6	7
1	10	11	12	13	14
2	17	18	19	20	21
3	24	25	26	27	28

October					
WEEK #	Mon	Tues	Wed	Thur	Fri
1	1	2	3	4	5
2	8	9	10	11	12
3	15	16	17	18	19
1	22	23	24	25	26
2	29	30	31		

November					
WEEK #	Mon	Tues	Wed	Thur	Fri
2				1	2
3	5	6	7	8	9
1	12	13	14	15	16
2	19	20	21	22	23
3	26	27	28	29	30

December					
WEEK #	Mon	Tues	Wed	Thur	Fri
1	3	4	5	6	7
2	10	11	12	13	14
3	17	18	19	20	21
No School	24	25	26	27	28
No School	31				

January 2019					
WEEK #	Mon	Tues	Wed	Thur	Fri
1		1	2	3	4
2	7	8	9	10	11
3	14	15	16	17	18
1	21	22	23	24	25
2	28	29	30	31	

February					
WEEK #	Mon	Tues	Wed	Thur	Fri
2					1
3	4	5	6	7	8
1	11	12	13	14	15
2	18	19	20	21	22
3	25	26	27	28	

March					
WEEK #	Mon	Tues	Wed	Thur	Fri
3					1
1	4	5	6	7	8
2	11	12	13	14	15
No School	18	19	20	21	22
1	25	26	27	28	29

April					
WEEK #	Mon	Tues	Wed	Thur	Fri
2	1	2	3	4	5
3	8	9	10	11	12
1	15	16	17	18	19
2	22	23	24	25	26
3	29	30			

May					
WEEK #	Mon	Tues	Wed	Thur	Fri
3			1	2	3
1	6	7	8	9	10
2	13	14	15	16	17
3	20	21	22	23	24
1	27	28	29	30	31

No School	Early Out	Menu Subject to change without notice
<p>To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.</p>		

Waukee Community Schools

2018-2019 Middle Schools **BREAKFAST** Menu

(SEE NEXT PAGE FOR LUNCH MENU)

6-8 Breakfast: \$1.75

9-12 Breakfast: \$1.85

Adult Breakfast: \$2.10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1				
<ul style="list-style-type: none"> • Breakfast Sandwich • Mini Pancakes <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>	<ul style="list-style-type: none"> • Yogurt Parfait Bar • Breakfast Bosco Stick <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit & Juice cup Milk</i></p>	<ul style="list-style-type: none"> • Breakfast Pizza • Donut <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>	<ul style="list-style-type: none"> • Cheese Omelet w/ Toast • Cinnamon Roll <ul style="list-style-type: none"> • Assorted Cereals/bars <p style="text-align: center;"><i>Assorted Fruit & Juice cup Milk</i></p>	<ul style="list-style-type: none"> • French Toast Bites • Breakfast Pizza Sliders <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>
WEEK 2				
<ul style="list-style-type: none"> • Breakfast Sandwich • Mini Cinni <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>	<ul style="list-style-type: none"> • Yogurt Parfait Bar • Pancake & Sausage on a Stick* <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit & Juice cup Milk</i></p>	<ul style="list-style-type: none"> • Breakfast Pizza • Donut <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>	<ul style="list-style-type: none"> • Burrito • Cinnamon Roll <ul style="list-style-type: none"> • Assorted Cereals/bars <p style="text-align: center;"><i>Assorted Fruit & Juice cup Milk</i></p>	<ul style="list-style-type: none"> • French Toast Bites • Biscuits and Gravy* <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>
WEEK 3				
<ul style="list-style-type: none"> • Breakfast Sandwich • Mini Waffles <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>	<ul style="list-style-type: none"> • Yogurt Parfait Bar • Breakfast Bosco Stick <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit & Juice cup Milk</i></p>	<ul style="list-style-type: none"> • Breakfast Pizza • Donut <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>	<ul style="list-style-type: none"> • Scrambled Eggs w/ Toast • Cinnamon Roll <ul style="list-style-type: none"> • Assorted Cereals/bars <p style="text-align: center;"><i>Assorted Fruit & Juice cup Milk</i></p>	<ul style="list-style-type: none"> • French Toast Bites • Breakfast Pizza Sliders <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>

Waukee Community Schools

2018-2019 South Middle & Waukee Middle School

Student Lunch: \$2.80

Adult Lunch: \$3.65

*May contain pork
Skim, 1%, and Fat-Free Chocolate Milk are offered
with each meal
Menu Subject to change without notice

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
Bistro Bar	General Tso's Chicken Steamed Rice Edamame Succotash Spinach Salad Mixed Fruit	Nacho Grande Refried Beans Romaine Salad Fresh Apple	Pancakes & Scrambled Eggs Sweet Potato Fries Celery Sticks Strawberries	Turkey Gravy Dinner Roll Mashed Potatoes Steamed Carrots Apple Slices	Cold Cut Supreme Sandwich Steamed Corn Romaine Salad Assorted Fruit
Pizza Shack	Personal Pepperoni Pizza Steamed Corn Romaine Salad Mixed Fruit	Stuffed Crust Pepperoni Pizza* Green Beans Fresh Carrots Cinnamon Apples	Big Daddy Buffalo Chicken Pizza Potato Wedges Spinach Salad Diced Pears	Cheese Stuffed Bread Sticks w/ Marinara Sauce Baked Beans Cucumber Slices Nectarine	Cheesy French Bread w/ Marinara Sauce Steamed Carrots Celery Sticks Assorted Fruit
The Grill	Chicken Sandwich Steamed Corn Romaine Salad Mandarin Oranges	Popcorn Chicken Green Beans Fresh Carrots Fresh Apple	Cheeseburger Potato Wedges Spinach Salad Diced Pears	Spicy Chicken Nuggets Dinner Roll Baked Beans Potato Coins Nectarine	Mac & Cheese Steamed Peas Fresh Carrots Assorted Fruit
A La Carte	Apple Bosco Stick	Pretzel with Cheese	Tornados	Buffalo Chicken Pizza	Spicy Chicken Wrap
Week 2					
Bistro Bar	Sweet Thai Chicken Steamed Rice Steamed Broccoli Fresh Carrots Fresh Orange	Soft Shell Taco Refried Beans Romaine Salad Pineapple	Waffles with Egg Patty Sweet Potato Fries Celery Sticks Blueberries	Biscuits and Gravy Steamed Mixed Veggies Steamed Corn Grapes	Mini Corn Dogs Crinkle Fries Cucumber Slices Assorted Fruit
Pizza Shack	Personal Cheese Pizza Potato Wedges Spinach Salad Mandarin Oranges	Build Your Own Taco Pizza Refried Beans Steamed Corn Mixed Fruit	Big Daddy Four Meat Pizza* Tri-Tater Cucumber Slices Applesauce	Mozzarella Cheese Sticks w/ Marinara Sauce Romaine Salad Green Beans Diced Pears	Cheesy French Bread w/ Marinara Sauce Steamed Peas Fresh Carrots Assorted Fruit
The Grill	Cowboy BBQ Meatball Sub Steamed Corn Spinach Salad Fresh Orange	Chicken Nuggets Green Beans Potato Wedges Mixed Fruit	Grilled Chicken Breast on a Pretzel Bun Sweet Potato Fries Cucumber Slices Applesauce	Chili Cheese Dog* Baked Beans Celery Sticks Grapes	Pork Tenderloin Sandwich* Crinkle Fries Fresh Carrots Assorted Fruit
A La Carte	Apple Bosco Stick	Nacho with Cheese	Tornados	Four Meat Pizza	Spicy Chicken Wrap
Week 3					
Bistro Bar	Mandarin Orange Chicken Steamed Rice Steamed Broccoli Fresh Carrots Mandarin Oranges	Walking Taco Cilantro Lime Rice Refried Beans Romaine Salad Banana	French Toast & Egg Patty Sweet Potato Fries Celery Sticks Strawberries	Spaghetti & Meat Sauce Breadstick Romaine Salad Green Beans Fresh Apple	Chicken Bites Steamed Corn Celery Sticks Assorted Fruit
Pizza Shack	Square Pepperoni Pizza* Potato Coins Spinach Salad Fresh Apple Slices	Cheesy Pizza Crunchers Green Beans Romaine Salad Banana	Big Daddy Pepperoni Pizza Steamed Corn Cucumber Slices Mandarin Oranges	Cheesy Bosco Sticks Ranch Beans Fresh Carrots Fresh Apple	Pepperoni French Bread Pizza* Steamed Peas Celery Sticks Assorted Fruit
The Grill	Spicy Chicken Sandwich Potato Coins Spinach Salad Fresh Apple Slices	Chicken Tenders Green Beans Fresh Carrots Banana	Chicken Drumstick Dinner Roll Mashed Potatoes & Gravy Steamed Corn Mandarin Oranges	Warrior Rib Sandwich* Ranch Beans Fresh Carrots Peaches	Homemade Chili Cinnamon Roll Steamed Corn Celery Sticks Assorted Fruit
A La Carte	Apple Bosco Stick	Rockin' Caesar Salad	Tornados	Pepperoni Pizza	Spicy Chicken Wrap
Salad Bar (Weekly)	Fajita Chicken Salad Assorted Veggies & Fruit	Hummus Dipper Bar Assorted Veggies & Fruit	Crispy Chicken Salad Assorted Veggies & Fruit	Spicy Chicken Wrap Assorted Veggies & Fruit	Egg Cobb Salad Assorted Veggies & Fruit

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