

Waukee Community Schools

2019-2020 School Menu Calendar

The calendar below contains the rotation of the lunch schedule for the school year. Please see the next page for your school's menu.

August 2019					
WEEK #	Mon	Tues	Wed	Thur	Fri
Pic. & Play				1	2
Pic. & Play	5	6	7	8	9
No School	12	13	14	15	16
1	19	20	21	22	23
2	26	27	28	29	30

September					
WEEK #	Mon	Tues	Wed	Thur	Fri
3	2	3	4	5	6
1	9	10	11	12	13
2	16	17	18	19	20
3	23	24	25	26	27
1	30				

October					
WEEK #	Mon	Tues	Wed	Thur	Fri
1		1	2	3	4
2	7	8	9	10	11
3	14	15	16	17	18
1	21	22	23	24	25
2	28	29	30	31	

November					
WEEK #	Mon	Tues	Wed	Thur	Fri
2					1
3	4	5	6	7	8
1	11	12	13	14	15
2	18	19	20	21	22
3	25	26	27	28	29

December					
WEEK #	Mon	Tues	Wed	Thur	Fri
1	2	3	4	5	6
2	9	10	11	12	13
3	16	17	18	19	20
No School	23	24	25	26	27
No School	30	31			

January 2020					
WEEK #	Mon	Tues	Wed	Thur	Fri
No School			1	2	3
3	6	7	8	9	10
1	13	14	15	16	17
2	20	21	22	23	24
3	27	28	29	30	31

February					
WEEK #	Mon	Tues	Wed	Thur	Fri
1	3	4	5	6	7
2	10	11	12	13	14
3	17	18	19	20	21
1	24	25	26	27	28

March					
WEEK #	Mon	Tues	Wed	Thur	Fri
2	2	3	4	5	6
3	9	10	11	12	13
No School	16	17	18	19	20
2	23	24	25	26	27
3	30	31			

April					
WEEK #	Mon	Tues	Wed	Thur	Fri
3			1	2	3
1	6	7	8	9	10
2	13	14	15	16	17
3	20	21	22	23	24
1	27	28	29	30	

May					
WEEK #	Mon	Tues	Wed	Thur	Fri
1					1
2	4	5	6	7	8
3	11	12	13	14	15
1	18	19	20	21	22
2	25	26	27	28	29

June					
WEEK #	Mon	Tues	Wed	Thur	Fri
3	1	2	3	4	5
Pic. & Play	8	9	10	11	12
Pic. & Play	15	16	17	18	19
Pic. & Play	22	23	24	25	26
Pic. & Play	29	30			

July					
WEEK #	Mon	Tues	Wed	Thur	Fri
Pic. & Play			1	2	3
Pic. & Play	6	7	8	9	10
Pic. & Play	13	14	15	16	17
Pic. & Play	20	21	22	23	24
Pic. & Play	27	28	29	30	31

No School	Early Out	Picnic and Play Summer Program	To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider. Menu subject to change without notice.
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Waukee Community Schools

2019-2020 Middle Schools **BREAKFAST** Menu

6-12 Breakfast: \$1.90

Adult Breakfast: \$2.15

(SEE NEXT PAGE FOR LUNCH MENU)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1				
<ul style="list-style-type: none"> • Breakfast Sandwich • French Toast Bites <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>	<ul style="list-style-type: none"> • Banana Split Yogurt Parfait • Breakfast Pizza Sliders <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit & Juice cup Milk</i></p>	<ul style="list-style-type: none"> • Breakfast Pizza • Donut <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>	<ul style="list-style-type: none"> • Cheese Omelet w/ Toast • Cinnamon Roll <ul style="list-style-type: none"> • Assorted Cereals/bars <p style="text-align: center;"><i>Assorted Fruit & Juice cup Milk</i></p>	<ul style="list-style-type: none"> • Breakfast Pizza • Smoothies <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>
WEEK 2				
<ul style="list-style-type: none"> • Breakfast Sandwich • Mini Pancakes, Waffles, or Mini Cinni <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>	<ul style="list-style-type: none"> • Banana Split Yogurt Parfait • Breakfast Burrito <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit & Juice cup Milk</i></p>	<ul style="list-style-type: none"> • Breakfast Pizza • Donut <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>	<ul style="list-style-type: none"> • Pancake & Sausage on a Stick* • Cinnamon Roll <ul style="list-style-type: none"> • Assorted Cereals/bars <p style="text-align: center;"><i>Assorted Fruit & Juice cup Milk</i></p>	<ul style="list-style-type: none"> • Breakfast Pizza • Build-Your-Own Pancake Bar <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>
WEEK 3				
<ul style="list-style-type: none"> • Breakfast Pizza • French Toast Bites <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>	<ul style="list-style-type: none"> • Banana Split Yogurt Parfait • Biscuits and Gravy* <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit & Juice cup Milk</i></p>	<ul style="list-style-type: none"> • Breakfast Pizza • Donut <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>	<ul style="list-style-type: none"> • Breakfast Sandwich • Scrambled Eggs w/ Toast <ul style="list-style-type: none"> • Assorted Cereals/bars <p style="text-align: center;"><i>Assorted Fruit & Juice cup Milk</i></p>	<ul style="list-style-type: none"> • Cinnamon Roll • Smoothies <ul style="list-style-type: none"> • Assorted Cereal/bars <p style="text-align: center;"><i>Assorted Fruit Milk</i></p>

Waukee Community Schools

2019-2020 South Middle & Waukee Middle School

Student Lunch: \$2.85

Adult Lunch: \$3.75

*May contain pork
Skim, 1%, and Fat-Free Chocolate Milk are offered
with each meal
Menu Subject to change without notice

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
Bistro Bar	General Tso's Chicken Steamed Rice Edamame Succotash Spinach Salad Mixed Fruit	Nacho Grande Refried Beans Steamed Corn Fresh Apple	Pancakes & Scrambled Eggs Sweet Potato Fries Celery Sticks Strawberries	Spaghetti & Meat Sauce Garlic Breadstick Romaine Salad Green Beans Apple Slices	Mac & Cheese Steamed Peas Fresh Carrots Assorted Fruit
Pizza Shack	Personal Pepperoni Pizza Steamed Corn Romaine Salad Mixed Fruit	Cheese Stuffed Bread Sticks w/ Marinara Sauce Baked Beans Cucumber Slices Pineapple	Big Daddy Buffalo Chicken Pizza Crinkle Fries Spinach Salad Diced Pears	Cheesy French Bread w/ Marinara Sauce Green Beans Fresh Carrots Pineapple	Stuffed Crust Pepperoni Pizza* Steamed Carrots Romaine Salad Assorted Fruit
The Grill	Chicken Sandwich Steamed Corn Romaine Salad Mandarin Oranges	Popcorn Chicken Dinner Roll Baked Beans Fresh Carrots Mixed Fruit	Cheeseburger Crinkle Fries Steamed Broccoli Diced Pears	Turkey Gravy Dinner Roll Mashed Potatoes Steamed Mixed Veggies Pineapple	Pork Tenderloin Sandwich* Crinkle Fries Fresh Carrots Assorted Fruit
A La Carte	Apple Bosco Stick	Pretzel with Cheese	Onion Rings	Buffalo Chicken Pizza	Spicy Chicken Wrap
Week 2					
Bistro Bar	Sweet Thai Chicken Steamed Rice Steamed Broccoli Fresh Carrots Fresh Orange	Soft Shell Taco Refried Beans Steamed Corn Pineapple	Waffles with Egg Patty Sweet Potato Fries Celery Sticks Blueberries	Chicken Alfredo Garlic Breadstick Romaine Salad Green Beans Fresh Orange	Mini Corn Dogs Crinkle Fries Cucumber Slices Assorted Fruit
Pizza Shack	Personal Cheese Pizza Crinkle Fries & Queso Spinach Salad Pineapple	Build Your Own Taco Pizza Refried Beans Steamed Corn Strawberries	Big Daddy Four Meat Pizza* Tri-Tater Italian Vegetable Blend Applesauce	Mozzarella Cheese Sticks w/ Marinara Sauce Romaine Salad Green Beans Diced Pears	Pepperoni French Bread Fresh Carrots Steamed Peas Assorted Fruit
The Grill	Chicken Philly Sandwich Crinkle Fries & Queso Spinach Salad Pineapple	Chicken Nuggets Dinner Roll Fresh Carrots Baked Beans Strawberries	Hot Wing Bites Dinner Roll Potato Coins Celery Sticks Fresh Pear	Sloppy Joe Sweet Potato Fries Steamed Corn Diced Pears	Grilled Chicken Breast Sandwich Crinkle Fries Cucumber Slices Assorted Fruit
A La Carte	Apple Bosco Stick	Nacho with Cheese	Onion Rings	Four Meat Pizza	Spicy Chicken Wrap
Week 3					
Bistro Bar	Mandarin Orange Chicken Steamed Rice Steamed Broccoli Fresh Carrots Mandarin Oranges	Walking Taco Refried Beans Steamed Corn Banana	French Toast & Egg Patty Sweet Potato Fries Celery Sticks Strawberries	Cheesy Lasagna Roll-Up Garlic Breadstick Romaine Salad Green Beans Fresh Apple	Chicken Smackers Dinner Roll Steamed Corn Cucumber Slices Assorted Fruit
Pizza Shack	Square Pepperoni Pizza* Potato Coins Spinach Salad Fresh Apple Slices	Cheese Bites w/ Marinara Sauce Green Beans Romaine Salad Peaches	Big Daddy Pepperoni Pizza Steamed Corn Italian Blend Veggies Mandarin Oranges	Cheesy Pizza Crunchers Steamed Peas Celery Sticks Fresh Orange	Cheesy Bosco Sticks Ranch Beans Fresh Carrots Assorted Fruit
The Grill	Spicy Chicken Sandwich Potato Coins Spinach Salad Fresh Apple Slices	Chicken Tenders Dinner Roll Baked Beans Fresh Carrots Peaches	Chicken Drumstick Dinner Roll Mashed Potatoes & Gravy Steamed Corn Mandarin Oranges	Homemade Chili Cinnamon Roll Romaine Salad Fresh Carrots Fresh Apple	Grilled Cheese Sandwich Tomato Soup Crinkle Fries Cucumber Slices Assorted Fruit
A La Carte	Apple Bosco Stick	Rockin' Caesar Salad	Onion Rings	Pepperoni Pizza	Spicy Chicken Wrap
Salad Bar (Weekly)	Southwest Chicken Salad Assorted Veggies & Fruit	Cranberry Spinach Chicken Salad Assorted Veggies & Fruit	Crispy Chicken Salad Assorted Veggies & Fruit	Spicy Chicken Wrap Assorted Veggies & Fruit	Egg Cobb Salad Assorted Veggies & Fruit

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