

Waukee Community Schools Middle School (Grades 6-9) Menu

Breakfast and Lunch **FREE** to All Students

2nd Breakfast and Adult Breakfast: \$2.30

2nd Lunch and Adult Lunch: \$3.90

See what week we are on:

[View the Menu Calendar here!](#)

3 menu cycles during the year:

Fall: Aug 24-Nov 23

Winter: Nov 29-Feb 25

Spring: Feb 28-Last day of school

*May contain pork
Skim and Fat-Free Chocolate Milk
are offered with each meal

Menu Subject to change
without notice

Weekly Breakfast Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Pizza OR Assorted Cereal/bars Assorted Fruit Milk	Donut OR Assorted Cereal/bars Assorted Fruit & Juice Cup Milk	Chicken on a Biscuit Sandwich OR Assorted Cereal/bars Assorted Fruit Milk	Cinnamon Roll OR Assorted Cereals/bars Assorted Fruit & Juice Cup Milk	Breakfast Sandwich OR Assorted Cereal/bars Assorted Fruit Milk

Lunch Menus				
Monday	Tuesday	Wednesday	Thursday	Friday

Week 1				
Honey Sriracha Chicken Steamed Rice OR Cheese Pizza Steamed Broccoli Romaine Salad Mandarin Oranges Pineapple	Chicken Tenders w/ Dinner Roll OR Wild Mike's Cheese Bites w/ Marinara Sauce Tater Tots & Queso Celery Sticks Fresh Apple	Mini Waffles w/ Egg & Cheese Omelet OR Stuffed Crust Pepperoni Pizza* Sweet Potato Fries Cherry Tomatoes Peaches Dried Fruit	Popcorn Chicken w/ Dinner Roll OR Cheese Stuffed Breadsticks w/ Marinara Sauce Steamed Corn Romaine Salad Banana Applesauce	Mac & Cheese w/ Dinner Roll OR Cheeseburger Steamed Peas Fresh Carrots Assorted Fruit

Week 2				
Burrito Bowl <i>(Cilantro Lime Rice topped with Fajita Chicken, Fiesta Beans, Cheese, and Salsa)</i> OR Pepperoni Pizza* Steamed Corn Romaine Salad Mandarin Oranges Pineapple	Chicken Nuggets w/ Dinner Roll OR Cheesy Bosco Sticks w/ Marinara Sauce Green Beans Celery Sticks Fresh Orange Peaches	Chicken Philly Sandwich OR Big Daddy Pizza* Crinkle Fries & Queso Cherry Tomatoes Fresh Apple Slices Dried Fruit	French Toast & Egg & Cheese Omelet OR Cheese Pizza Hashbrown Patties Cauliflower Florets Banana Strawberries	Chicken Sandwich OR French Bread Pizza* Steamed Broccoli Fresh Carrots Assorted Fruit

Week 3				
Tangerine Chicken Steamed Rice OR Spicy Chicken Sandwich Steamed Broccoli Fresh Carrots Mandarin Oranges Pineapple	Pork Tenderloin OR Cheesy Chicken Taquitos Potato Wedges & Queso Celery Sticks Peaches Dried Fruit	Mini Corn Dogs OR French Bread Pizza* Sweet Potato Fries Mixed Vegetables Fresh Apple	Chicken Alfredo w/ Garlic Breadstick OR Mozzarella Cheese Sticks w/ Marinara Sauce Green Beans Romaine Salad Banana Applesauce	Chicken Drumstick w/ Dinner Roll OR Chicken Bowl w/ Dinner Roll <i>(Popcorn Chicken, Mashed Potatoes, Shredded Cheese, Gravy)</i> Mashed Potatoes w/ Gravy Steamed Peas Assorted Fruit

Packaged Weekly Salad Option				
Southwest Chicken Salad Romaine Lettuce, Fajita Chicken, Shredded Mozzarella Cheese, Diced Red Peppers, Black Beans, Corn, Chipotle Ranch Dressing Dinner Roll Graham Cracker Applesauce Cup Dried Fruit	Rockin' Caesar Salad w/ Chicken Dinner Roll Fresh Carrots Fresh Apple	Crispy Chicken Salad Romaine Lettuce, Diced Breaded Chicken, Shredded Mozzarella, Cherry Tomatoes, Cucumber Slices Dinner Roll Assorted Fruit Cup Dried Fruit	Turkey and Cheese Sandwich Fresh Carrots Celery Sticks Fresh Orange Dried Fruit	Egg Cobb Salad Romaine Lettuce, Hardboiled Egg, Turkey Coins, Shredded Cheddar Cheese, Cherry Tomatoes, Cucumber Slices Dinner Roll Graham Cracker Assorted Fruit Dried Fruit

Weekly A la Carte Options				
Nachos	Tornadoes	Rockin' Caesar Salad	Pizza	Pretzel & Cheese Bosco

This institution is an equal opportunity provider.