

# Waukee Community Schools

# 2020-2021 School Menu Calendar

The calendar below contains the rotation of the lunch schedule for the school year. Please see the next page for your school's menu.

| August 2020 |     |      |     |      |     |
|-------------|-----|------|-----|------|-----|
| WEEK #      | Mon | Tues | Wed | Thur | Fri |
| Pic.& Play  |     |      |     |      | 1   |
| Pic.& Play  | 4   | 5    | 6   | 7    | 8   |
| No School   | 10  | 11   | 12  | 13   | 14  |
| No School   | 17  | 18   | 19  | 20   | 21  |
| 1           | 24  | 25   | 26  | 27   | 28  |
| 2           | 31  |      |     |      |     |

| September |     |      |     |      |     |
|-----------|-----|------|-----|------|-----|
| WEEK #    | Mon | Tues | Wed | Thur | Fri |
| 2         |     | 1    | 2   | 3    | 4   |
| 3         | 7   | 8    | 9   | 10   | 11  |
| 1         | 14  | 15   | 16  | 17   | 18  |
| 2         | 21  | 22   | 23  | 24   | 25  |
| 3         | 28  | 29   | 30  |      |     |

| October |     |      |     |      |     |
|---------|-----|------|-----|------|-----|
| WEEK #  | Mon | Tues | Wed | Thur | Fri |
| 3       |     |      |     | 1    | 2   |
| 1       | 5   | 6    | 7   | 8    | 9   |
| 2       | 12  | 13   | 14  | 15   | 16  |
| 3       | 19  | 20   | 21  | 22   | 23  |
| 1       | 26  | 27   | 28  | 29   | 30  |

| November |     |      |     |      |     |
|----------|-----|------|-----|------|-----|
| WEEK #   | Mon | Tues | Wed | Thur | Fri |
| 2        | 2   | 3    | 4   | 5    | 6   |
| 3        | 9   | 10   | 11  | 12   | 13  |
| 1        | 16  | 17   | 18  | 19   | 20  |
| 2        | 23  | 24   | 25  | 26   | 27  |
| 3        | 30  |      |     |      |     |

| December  |     |      |     |      |     |
|-----------|-----|------|-----|------|-----|
| WEEK #    | Mon | Tues | Wed | Thur | Fri |
| 3         |     | 1    | 2   | 3    | 4   |
| 1         | 7   | 8    | 9   | 10   | 11  |
| 2         | 14  | 15   | 16  | 17   | 18  |
| 3         | 21  | 22   | 23  | 24   | 25  |
| No School | 28  | 29   | 30  | 31   |     |

| January 2021 |     |      |     |      |     |
|--------------|-----|------|-----|------|-----|
| WEEK #       | Mon | Tues | Wed | Thur | Fri |
| No School    |     |      |     |      | 1   |
| 1            | 4   | 5    | 6   | 7    | 8   |
| 2            | 11  | 12   | 13  | 14   | 15  |
| 3            | 18  | 19   | 20  | 21   | 22  |
| 1            | 25  | 26   | 27  | 28   | 29  |

| February |     |      |     |      |     |
|----------|-----|------|-----|------|-----|
| WEEK #   | Mon | Tues | Wed | Thur | Fri |
| 2        | 1   | 2    | 3   | 4    | 5   |
| 3        | 8   | 9    | 10  | 11   | 12  |
| 1        | 15  | 16   | 17  | 18   | 19  |
| 2        | 22  | 23   | 24  | 25   | 26  |

| March     |     |      |     |      |     |
|-----------|-----|------|-----|------|-----|
| WEEK #    | Mon | Tues | Wed | Thur | Fri |
| 3         | 1   | 2    | 3   | 4    | 5   |
| 1         | 8   | 9    | 10  | 11   | 12  |
| No School | 15  | 16   | 17  | 18   | 19  |
| 2         | 22  | 23   | 24  | 25   | 26  |
| 3         | 29  | 30   | 31  |      |     |

| April  |     |      |     |      |     |
|--------|-----|------|-----|------|-----|
| WEEK # | Mon | Tues | Wed | Thur | Fri |
| 3      |     |      |     | 1    | 2   |
| 1      | 5   | 6    | 7   | 8    | 9   |
| 2      | 12  | 13   | 14  | 15   | 16  |
| 3      | 19  | 20   | 21  | 22   | 23  |
| 1      | 26  | 27   | 28  | 29   | 30  |

| May       |     |      |     |      |     |
|-----------|-----|------|-----|------|-----|
| WEEK #    | Mon | Tues | Wed | Thur | Fri |
| 2         | 3   | 4    | 5   | 6    | 7   |
| 3         | 10  | 11   | 12  | 13   | 14  |
| 1         | 17  | 18   | 19  | 20   | 21  |
| 2         | 24  | 25   | 26  | 27   | 28  |
| No School | 31  |      |     |      |     |

| June       |     |      |     |      |     |
|------------|-----|------|-----|------|-----|
| WEEK #     | Mon | Tues | Wed | Thur | Fri |
| 1          |     | 1    | 2   | 3    | 4   |
| Pic.& Play | 7   | 8    | 9   | 10   | 11  |
| Pic.& Play | 14  | 15   | 16  | 17   | 18  |
| Pic.& Play | 21  | 22   | 23  | 24   | 25  |
| Pic.& Play | 28  | 29   | 30  |      |     |

| July       |     |      |     |      |     |
|------------|-----|------|-----|------|-----|
| WEEK #     | Mon | Tues | Wed | Thur | Fri |
| Pic.& Play |     |      |     | 1    | 2   |
| Pic.& Play | 5   | 6    | 7   | 8    | 9   |
| Pic.& Play | 12  | 13   | 14  | 15   | 16  |
| Pic.& Play | 19  | 20   | 21  | 22   | 23  |
| Pic.& Play | 26  | 27   | 28  | 29   | 30  |

To make a reimbursable meal, students must **choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable.** To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider. Menu subject to change without notice.

**Picnic and Play  
Summer Program**

**Early Out**

**No School**

# Waukee Community Schools

## 2020-2021 Middle School (Grades 6-9) Menu

6-12 Breakfast: \$1.95

Adult Breakfast: \$2.25

6-8 Lunch: \$2.90

9-12 Lunch: \$3.00

Adult Lunch: \$3.85

\*Milk: combine plain  
Skimmed Fat-Free Cholesterol Milk; are offered with  
each meal  
Menu Subject to change without notice

### Weekly Breakfast Menu

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
| <b>Breakfast Pizza</b><br>OR<br><b>Assorted Cereal/bars</b><br>Assorted Fruit<br>Milk | <b>Donut</b><br>OR<br><b>Assorted Cereal/bars</b><br>Assorted Fruit & Juice cup<br>Milk | <b>Cinnamon Sugar Mini Donuts</b><br>OR<br><b>Assorted Cereal/bars</b><br>Assorted Fruit<br>Milk | <b>Cinnamon Roll</b><br>OR<br><b>Assorted Cereals/bars</b><br>Assorted Fruit & Juice cup<br>Milk | <b>Breakfast Sandwich</b><br>OR<br><b>Assorted Cereal/bars</b><br>Assorted Fruit<br>Milk |

### Lunch Menus

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday  |
|---|---|--|--|---|
| <b>Week 1</b>   |   |  |  |   |
| <b>Honey Sriracha Chicken</b><br>Steamed Rice<br>OR<br><b>Personal Cheese Pizza</b><br>Steamed Broccoli<br>Fresh Clementine | <b>Mac &amp; Cheese</b><br>Served with Diced Ham Topping<br>OR<br><b>Popcorn Chicken w/ Dinner Roll</b><br>Steamed Peas<br>Applesauce | <b>Pancakes w/ Egg &amp; Cheese Omelet</b><br>OR<br><b>Stuffed Crust Pepperoni Pizza*</b><br>Sweet Potato Fries<br>Peaches | <b>Italian Meatball Sub</b><br>OR<br><b>French Bread Pizza*</b><br>Green Beans<br>Cinnamon Apple Crisp                           | <b>Nacho Grande</b><br>OR<br><b>Cheeseburger</b><br>Steamed Corn<br>Assorted Fruit                                      |
| <b>Week 2</b>   |   |  |  |   |
| <b>Sweet Thai Chicken</b><br>Steamed Rice<br>OR<br><b>Chicken Sandwich</b><br>Steamed Broccoli<br>Pineapple                 | <b>Chicken Philly Sandwich</b><br>OR<br><b>Square Cheese Pizza</b><br>Crinkle Fries & Queso<br>Fresh Apple Slices                     | <b>French Toast &amp; Egg Patty</b><br>OR<br><b>Big Daddy Pizza*</b><br>Hashbrown Patties<br>Mixed Fruit                   | <b>Turkey Gravy w/ Dinner Roll</b><br>OR<br><b>Mozzarella Cheese Sticks w/ Marinara Sauce</b><br>Mashed Potatoes<br>Fresh Orange | <b>Chicken Nuggets w/ Dinner Roll</b><br>OR<br><b>French Bread Pizza*</b><br>Marinated Chickpea Salad<br>Assorted Fruit |
| <b>Week 3</b>   |   |  |  |   |
| <b>Tangerine Chicken</b><br>Steamed Rice<br>OR<br><b>Spicy Chicken Sandwich</b><br>Steamed Broccoli<br>Fresh Apple Slices   | <b>Walking Taco</b><br>OR<br><b>Cheesy Pizza Crunchers</b><br>Steamed Corn<br>Peaches   | <b>Mini Corn Dogs</b><br>OR<br><b>Cheese Stuffed Breadsticks w/ Marinara Sauce</b><br>Sweet Potato Fries<br>Applesauce     | <b>Chicken Tenders w/ Dinner Roll</b><br>OR<br><b>Wild Mike's Cheese Bites w/ Marinara Sauce</b><br>Mixed Vegetables<br>Pears    | <b>Chicken Drumstick w/ Dinner Roll</b><br>OR<br><b>Personal Pepperoni Pizza*</b><br>Mashed Potatoes<br>Assorted Fruit  |

### Weekly Salad Option – Packaged

|   |   |  |  |  |
|---|---|--|--|--|
| <b>Southwest Chicken Salad</b><br>Romaine Lettuce, Fajita Chicken, Shredded Mozzarella Cheese, Diced Red Peppers, Black Beans, Corn, Chipotle Ranch Dressing<br>Frito Chips<br>Applesauce Cup | <b>Rockin' Caesar Salad w/ Chicken</b><br>Dinner Roll<br>Fresh Carrots<br>Fresh Apple | <b>Crispy Chicken Salad</b><br>Romaine Lettuce, Diced Breaded Chicken, Shredded Mozzarella, Tomatoes, Cucumber Slices<br>Dinner Roll<br>Assorted Fruit Cup | <b>Turkey and Cheese Sandwich Boxed Lunch</b><br>Fresh Carrots<br>Fresh Clementine | <b>Egg Cobb Salad</b><br>Romaine Lettuce, Hardboiled Egg, Diced Ham, Shredded Cheddar Cheese, Tomatoes, Cucumber Slices<br>Dinner Roll<br>Assorted Fruit |
|---|---|--|--|--|

### Weekly A la Carte Options

|               |                  |                             |  |                    |
|---------------|------------------|-----------------------------|--|--------------------|
| <b>Nachos</b> | <b>Tornadoes</b> | <b>Rockin' Caesar Salad</b> | <b>Pretzel &amp; Cheese</b><br>(Week 1&3)<br><b>Big Daddy Pizza</b> (Week 2) | <b>Onion Rings</b> |
|---------------|------------------|-----------------------------|--|--------------------|